https://ut.edu/myutampa and click on Log in to MyUTampa

MyUTampa

Log in to MyUTampa

MyUTampa, powered by Okta, is a single sign-on experience with the same user ID and password used for the UT network. If you’re applying or newly admitted, please visit SpartanWeb.

Put in your Username and Password
Click on the Workday application

Click Configure factor
From the icons below select the type of cell phone you are using

Apple
Android
Windows
Open up Okta Verify on your phone.
Select Add an account
Scan the barcode on your computer with your phone
You should get a message that Push notification is complete
You should now have access to Workday.