



THE PHOENIX

RISE | RECOVER | LIVE

Free Sober Activities

Contact

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January 2021

Weekly Events

Sunday

9:30-10:30 am
Community
Fitness
1615 Allison Woods Ln
Tampa

Monday

6:00-7:00 pm
Run/Walk
The Riverwalk
1910 N Ola Avenue
Tampa

Wednesday

6:30-7:30 pm
Yoga
With Liz
402 W Laural St
Tampa

Thursday

7:00-8:00 pm
Walk Around
Lake Hollingsworth
175 Lake Hollingsworth Dr
Lakeland

Friday

7:00-8:00 pm
Community
Fitness
1703 N 24th St
Tampa

1/2
9:00-10:00 am
Outdoor
Community
Fitness
402 W Laural St
Tampa

1/8
5:30-6:30 pm
Adult
Finger
Painting
4931 W Nassau St
Tampa

1/12
5:30-6:30 pm
Yoga
901 N Shore Dr NE
St. Pete

1/14
7:30-8:30 pm
Community
Fitness
475 Central Ave
St. Pete

1/16
9:00-10:00 am
Outdoor
Community
Fitness
402 W Laural St
Tampa

1/23
9:45-11:00 am
Paddle
Boarding
310 W 7th Ave
Tampa

1/24
1:00-2:30 pm
Golf
Clinic
7910 N 30th St
Tampa

1/26
5:30-6:30 pm
Yoga
901 N Shore Dr NE
St. Pete

1/28
7:30-8:30 pm
Community
Fitness
475 Central Ave
St. Pete

1/30
5:30-7:00 pm
Community
Game Night
1615 Alison Woods Ln
Tampa

The Cost
Of Membership?
48 Hours
Continuous
Sobriety

Scan Here:
Find A Class
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