

Michael J. Stasio

Psychology Department
College of Social Sciences, Math, and Education
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EDUCATION

Louisiana State University, Baton Rouge, LA

Ph.D. in Clinical Psychology, May 2002

Minor area: Behavioral Neurology

Dissertation: "Aspects of Cognition in Human Mate Selection." Evolutionary hypotheses of mate selection were examined via the information processing approach to test gender differences in attention, semantic knowledge organization, and criteria scaling.

Advisor: James H. Geer, Ph.D.

Southeastern Louisiana University, Hammond, LA

M.A. in Psychology, May 1997

Thesis: "Social Interest Revisited: A Further Attempt to Measure Adler's Construct." Test developed to measure social interest, an empathy-based construct central to Adlerian theory.

Advisor: Earl W. Capron, Ph.D.

Teachers College Columbia University, New York, NY

M.A. in Higher and Adult Education, October 1989

Concentration: Student Personnel Administration

Advisor: Cynthia S. Johnson, Ph.D.

Clark University, Worcester, MA

B.A. in Psychology, May 1988

TEACHING EXPERIENCE

The University of Tampa, Tampa, FL

Associate Professor of Psychology, 2012 to present

Assistant Professor of Psychology, 2008 to 2012

Visiting Assistant Professor of Psychology, 2004 to 2007

Adjunct Instructor, 2002 to 2003

12 Courses taught: General Psychology, Social Psychology, Psychological Assessment, Statistics and Research Methods I and II, Theories of Personality, Health Psychology, Abnormal Psychology, Human Sexual Behavior, Anxiety and Related Disorders (Special Topics course), Internship in Clinical Psychology, Senior Capstone, Gateways.

St. Leo University—MacDill Campus, Tampa, FL
 Adjunct Instructor, Fall 2002
 Course taught: Introduction to Psychology

Central Arkansas Veterans Healthcare System, Little Rock, AR
 Health Education Lecturer, Fall 2000-Spring 2001
 Lecture topics (weekly): Diabetes Education and Stress Management

Louisiana State University, Baton Rouge, LA
 Teaching Assistant, Advanced Statistics, Spring 1999; Amy Lincourt, Ph.D.
 Teaching Assistant, Intermediate Statistics, Fall 1998; Janet McDonald, Ph.D.
 Teaching Assistant, Introduction to Psychology, Fall 1997 & Spring 1998; James H. Geer, Ph.D.
 Guest Lecturer, Research and Theory in Sexuality (2 lectures), Spring 1999
 Guest Lecturer, Abnormal Psychology (2 lectures), Fall 1998
 Guest Lecturer, Introduction to Psychology (2 lectures), Fall 1997 & Spring 1998

PUBLICATIONS

Journal Articles in Press or Published

- Yuen, E. K., Goetter, E., & Stasio, M. J. (2019). A pilot of acceptance and commitment therapy for public speaking anxiety delivered with group videoconferencing and virtual reality exposure. *Journal of Contextual Behavioral Science*, 12, 47-54.
- Yuen, E. K., Koterba, E. A., Stasio, M. J., Patrick, R., Gangi, C., Ash, P., Barakat, K., Greene, V., Hamilton, W., & Mansour, B. (2018). The effects of Facebook on mood in emerging adults. *Psychology of Popular Media Culture*.
- Schimmel, T., Johnston, P. & Stasio, M. J. (2013). Can collegiality be measured? Further validation of a faculty assessment model of discretionary behaviors. *Research in Higher Educational Journal*, 21.
- Wimberley, T. & Stasio, M. J. (2012). Perfectionistic thoughts, personal standards, and evaluative concerns: Further investigating relationships to psychological distress. *Cognitive Therapy and Research*, DOI: 10.1007/s10608-012-9462-7
- Stasio, M. J., Curry, K., Wagener, A. L., & Glassman, D. M. (2011). Revving up and staying up: Energy drink use associated with anxiety and sleep quality in a college sample. *College Student Journal*, 45, 738-748.
- Curry, K., & Stasio, M.J. (2009). The effects of energy drinks alone and with alcohol on neuropsychological functioning. *Human Psychopharmacology: Clinical and Experimental*, 24, 473-481.
- Stasio, K., & Stasio, M. J. (2009). The primitive church, the primitive mind, and Methodism in the eighteenth century. *Religion in the Age of Enlightenment*, 1, 59-81.

- Stasio, M. J., Curry, K., Sutton-Skinner, L., & Glassman, D. (2008). Over-the-counter medication and herbal or dietary supplement use in college: Dose frequency and relationship to self-reported distress. *Journal of American College Health, 56*, 535-548.
- Stasio, M. J., and Duncan, K. (2007). An evolutionary approach to Jane Austen: Prehistoric preferences in *Pride and Prejudice*. *Studies in the Novel, 39*, 133-146.
- Duncan, K. L., & Stasio, M. J. (2001). Surveying feminist pedagogy: A measurement, an evaluation, and an affirmation. *Feminist Teacher, 13*, 225-238.
- Comaty, J. E., Stasio, M. J., & Advokat, C. (2001). Analysis of outcome variables of a token economy system in a state psychiatric hospital: A program evaluation. *Research in Developmental Disabilities, 22*, 233-253.
- Stasio, M. J. (1998). Community feeling and social interest as cultural common thread: Key issues and research directions. *Journal of Individual Psychology, 54*, 310-323.
- Stasio, M. J., & Capron, E. W. (1998). Social interest as a distinct personality construct: Comparisons with “The Big Five” and related prosocial constructs. *Journal of Individual Psychology, 54*, 10-23.

PRESENTATIONS & POSTERS

- Simon, A., Rutstein, C., & Stasio, M. J. (2020, April). *Perfectionism and Efficacy of Mindfulness-Based Coping Interventions*. Paper accepted for the 66th Annual Southeastern Psychological Association (SEPA) Conference, New Orleans, LA. [Paper available online; conference cancelled due to health crisis]
- Buzbee, H., Weis, G., Barrett-Clarke, A., Stasio, M. J., Koterba, E.A., & Yuen, E. K. (2019, February). The effects of Facebook use on cognition and emotion in college students: Positive reflection group. Florida Undergraduate Research Conference, University of North Florida, Jacksonville, FL.
- Stasio, M. J. (2017, October). *Student Depression: Signs, responses, and accommodations*. Lunch & Learn talk sponsored by Center for Teaching and Learning, University of Tampa, FL.
- Carr, C., Greene, V., Barakat, K., Veronesi, V., Ash, P., Mansour, B., Koterba, K., Stasio, M., Patrick, R., Gangi, C., & Yuen, E. K. (2016, April). *Facebook's effects on mood*. Poster presented at the 11th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Lopes, H., VanKirk, R., & Stasio, M. J. (2016, March). *Dispositional perfectionism, and performance on two computerized problem-solving tasks*. Poster presented at 62nd Annual Southeastern Psychological Association (SEPA) Conference, New Orleans, LA.

- Shoenberger, K., Sclafani, J., & Stasio, M. J. (2016, March). *Knowledge and attitudes about suicide, prevention, and intervention*. Poster presented at 62nd Annual Southeastern Psychological Association (SEPA) Conference, New Orleans, LA.
- Greene, V., Barakat, K., Carr, C., Ash, P., Mansour, B., Veronesi, V., Koterba, E., Stasio, M., Patrick, R., Gangi, G., & Yuen, E. K. (2016, February). *How Facebook use affects mood*. Poster presented at the Florida Undergraduate Research Conference (FURC), Tampa, FL.
- Yuen, E. K., Stasio, M., Koterba, E., Patrick, R., Mansour, B., Barakat, K., & Green, V. (2015, November). *The effects of social media on mood*. Poster presented at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Ptak, C., Lopes, H., Yuen, E., & Stasio, M. (2015, March). *Perfectionism and performance on two problem-solving tasks*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Bommarito, M., Shoenberger, K., & Stasio, M. (2015, March). *Depression and suicide in college: Risk factors, screening, and assessment of student and faculty knowledge*. Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Higgins, A., Puricelli, S., & Stasio, M. (2015, March). *Does perfectionism and social feedback influence body image concerns and decisions about a cosmetic surgery candidate?* Poster presented at the 10th Annual College of Social Sciences, Mathematics, & Education Undergraduate Research Conference, University of Tampa, FL.
- Lopez, V., and Stasio, M. (2014, March). *Perfectionism, body image concerns, and judgments about cosmetic surgery*. Poster presented at 60th Annual Southeastern Psychological Association (SEPA) Conference, Nashville, TN.
- Sandall, S., Wimberley, T., & Stasio, M. (2013, March). *Perfectionism, mood, and recognition memory in a sample of honors students*. Paper given at the 59th Annual Southeastern Psychological Association (SEPA) Conference, Atlanta, GA.
- Stasio, M. (2012, September). *Perfectionism as an aspect of psychological distress*. Faculty Colloquium presentation at the University of Tampa, Tampa, FL.
- Wimberley, T., & Stasio, M. (2012, March). *Perfectionism: Relationships among personal standards, evaluative concerns and automatic thoughts*. Paper given at the Spring 2012 Southeastern Psychological Association (SEPA) Conference, New Orleans, LA.
- Wimberley, T., & Stasio, M. (2011, April). *Perfectionism and psychological adjustment in first year college students*. Poster presented at the Spring 2011 CSSME Undergraduate

Research Conference, Tampa, FL.

- Wimberley, T., Skowronek, J., & Stasio, M. (2011, March). *Caffeine, depressed mood, and reaction time to mood-congruent words*. Paper given at the Spring 2011 Southeastern Psychological Association (SEPA) Conference, Jacksonville, FL.
- Wimberley, T., Skowronek, J., & Stasio, M. (2010, April). *Depressed mood, caffeine, and reaction times to positive, negative, and perfectionistic words*. Poster presented at the Spring 2010 CSSME Undergraduate Research Conference, Tampa, FL.
- Nadler, E., Jayasegar, R., & Stasio, M. (2010, March). *Friends with benefits relationships: Sex behaviors and alcohol expectancies*. Poster presented at the Spring 2010 Southeastern Psychological Association (SEPA) Conference, Chattanooga, TN.
- Nadler, E., & Stasio, M. (2009, April). *Students who engage in friends with benefits relationships: Investigating sexual behaviors, alcohol expectancies, and sensation seeking*. Poster presented at the Spring 2009 CSSME Undergraduate Research Conference, Tampa, FL.
- Roca, G., De Sylva, S., & Stasio, M. (2009, February). *Perfectionism and sexual concerns*. Poster presented at the Spring 2009 Southeastern Psychological Association (SEPA) Conference, New Orleans, LA.
- Skowronek, J., & Stasio, M. J. (2009). *Ratings of executive function and memory in children with Asperger's Disorder compared to Attention-Deficit/Hyperactivity Disorder*. Poster presentation, Association for Psychological Science (APS) conference, San Francisco, California.
- Dickson, M., & Stasio, M. (2008, November). *Judgments About the likelihood of risky sexual behavior*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Conference, Orlando, FL.
- Halby, C., Stasio, M., & Skowronek, J. (2008, April). *Reliability and validity of an energy drink expectancy scale*. Poster presented at the Spring 2008 Psychology Department Undergraduate Research Conference, Tampa, FL.
- Holeman, A., Elsedoudi, S., & Stasio, M. (2008, February). *Energy Drinks: Expectancies and self-regulation of depressed mood*. Poster presented at the Southeastern Psychological Association (SEPA) Conference, Charlotte, NC.
- Dickson, M., & Stasio, M. (2007, April). *Beauty, status, and risky judgments about sexual behavior*. Poster presented at the Spring 2007 Psychology Department Undergraduate Research Conference, Tampa, FL.
- Wagener, A., & Stasio, M. (2007, April). *Revving up but not winding down: energy drinks, anxiety, and sleep quality*. Poster presented at the Spring 2007 Psychology Department

Undergraduate Research Conference, Tampa, FL.

Reirsen, P., & Stasio, M. (2007, April). *Psychophysiological disorders: Family history and student exercise behaviors*. Poster presented at the Spring 2007 Psychology Department Undergraduate Research Conference, Tampa, FL.

Glassman, D., & Stasio, M. (2007, April). *Gender Differences in the use of over-the-counter drugs and self-reported distress*. Poster presented at the Spring 2007 Psychology Department Undergraduate Research Conference, Tampa, FL.

Stasio, M. J., & Curry, K. (2007). *Use of OTC medication, herbals, and energy drinks on campus*. Honors Symposium presentation, The University of Tampa, Tampa FL.

Stasio, M. J. (2006). *Aspects of cognition in sexuality*. Honors Symposium presentation, The University of Tampa, Tampa FL.

Duncan, K. L., & Stasio, M. J. (2006). *Rogues and reciprocity: Evolutionary psychology and eighteenth-century British pirates*. Conference paper, South Central Society for Eighteenth Century Studies, Cocoa Beach, Florida

Soto, J., Gordon, S., & Stasio, M. (2006, March). *Health message frames influence nonsmokers' memory for smoking facts*. Poster presented at the Southeastern Psychological Association (SEPA) Conference, Atlanta, GA.

Duncan, K. L., & Stasio, M. J. (2005). *If he had fought like a man, he need not have been hang'd like a dog; Female pirates, evolution, and the formation of gender in the eighteenth century*. Conference paper given at the Second Paul-Gabriel Bouce International Colloquium at the Sorbonne, Paris.

Stasio, M. J., Struck, L. B., & Ayers, A. L. E. (2005). *Women's semantic knowledge in relationship contexts*. Poster presentation, Southeastern Psychological Association (SEPA) conference, Nashville, Tennessee.

Stasio, M. J., & Duncan, K. L. (2004). *An evolutionary approach to Austen: Sexual politics in Pride and Prejudice*. Conference paper presented at South Central Society for Eighteenth Century Studies, Santa Fe, New Mexico.

Stasio, M. J., & Geer, J. H. (2001). *Scaling sex differences in mate selection criteria*. Poster presentation, International Academy of Sex Research, Montreal, Canada.

Stasio, M. J., Comaty, J. E., Dillon, M. E., & Advokat, C. D. (1999). *Outcome variables that may predict success in completing a behavioral treatment program (BTP) at a state psychiatric hospital*. Poster presentation, Association for Advancement of Behavior Therapy, Toronto, Ontario.

Bush, S. I., Stasio, M. J., & Geer, J. H. (1999). *An investigation of aspects of cognitive processing in individuals with a history of sexual trauma*. Poster presentation, International Academy of Sex Research, Stony Brook, New York.

CLINICAL EXPERIENCE

Pool Psychologist, Tampa General Hospital (TGH); assigned to UT's Counseling Center
August, 2016—May, 2022

Licensed Clinical Psychologist in Florida (PY 7667)
Active as of December, 2007—present

Clinical Postdoctoral Fellowship, School District of Hillsborough County, Tampa, FL
Postdoctoral Fellow July 2004-2006 Director of Training: Marcia Pita, Ph.D.
Assessment and treatment of adolescents with severe emotional disorders as part of the clinical practice requirements for licensure in the state of Florida.

Internship in Clinical Health Psychology, Central Arkansas Veterans Healthcare System, Little Rock, AR
Intern, September 2000-September 2001 Director of Training: K. A. Parry, Ph.D.
Major rotations include: Behavioral Health, Primary Care, Neuropsychology, and Vocational Counseling / Substance Abuse. APA approved internship site.

Eastern Louisiana Mental Health System--Jackson Campus, Jackson, LA
Psychology Extern, June 1999-June 2000 Supervisor: Joseph E. Comaty, Ph.D.
Assist with data management for the Behavioral Treatment Program token economy;
Conduct social skills and anger management training groups with dual diagnosis adolescents.

Jetson Correctional Center for Youth, Baton Rouge, LA
Psychology Extern, July 1999-May 2000 Supervisor: Wm. Drew Gouvier, Ph.D.
Testing and assessment of incarcerated juvenile offenders; Primary cases: conduct disorder.

Psychological Services Center, Louisiana State University, Baton Rouge, LA
Clinical Practicum, August 1998-August 2000 Supervisor: Donald A. Williamson, Ph.D.
Assessment and treatment of community clients; Primary cases: anxiety disorders, depression.
Clinical Practicum, August 1997-May 1999 Supervisor: William F. Waters, Ph.D.
Assessment and treatment of community clients; Primary cases: depression, couples therapy, personality disorders.

Veterans Affairs Medical Center, New Orleans, LA
Psychology Extern, Summer 1998 Supervisor: Madeline Uddo, Ph.D.
Evaluated veterans as part of the outpatient PTSD treatment program; interpreted psychological tests and wrote reports.

AWARDS & HONORS

The University of Tampa, Tampa, FL
 Awarded Board of Fellows Grant, 2015 (on behalf of Healthy Spartans 2020)
 Awarded Sabbatical Leave, 2013
 Dana Grant Award, 2013
 Granted Tenure and Promoted to Associate Professor, 2012
 CSSME Excellence in Teaching Award, 2010
 Teaching Innovation Grant Award, 2004, 2007
 Delo Grant Award, 2005, 2008
 Dana Grant Award, 2007, 2013

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)

UNIVERSITY SERVICE

The University of Tampa
 Spartan Studies Director for Social and Behavioral Sciences, Spring 2021 - present
 Member, Tenure & Promotion Committee, 2019-present; Chair 2020-22
 Member, Baccalaureate Committee, 2016-19
 Chair, Healthy Spartans 2020, 2013 to 2016
 Faculty Development Committee Member, 2012 to 2013
 Internship Council Member, 2010 to 2014
 Academic Advising Committee Member, 2003 to 2004; 2010 to 2011
 Honors Committee Member, 2005 to 2007; 2009 to 2010
 Institutional Research, 2007 to 2009
 Wellness Committee, 2007 to 2009

OTHER PROFESSIONAL SERVICE

South Central Society for Eighteenth Century Studies
 Co-Secretary, Spring 2004 to Spring 2010

Panel Co-Chair, "Interdisciplinary Approaches to the Long Eighteenth-Century." South Central Society for Eighteenth-Century Studies, scheduled for Cocoa Beach, Florida, 2006.
 Panel Co-Chair, "Interdisciplinary Approaches to the Long Eighteenth-Century." South Central Society for Eighteenth-Century Studies, St. Simons Island, Georgia, 2005.

OTHER PROFESSIONAL EXPERIENCE

Tulane University, New Orleans, LA
 Assistant Director, Counseling & Testing / Educational Resource Center, 1994-95
 Supervised Tutoring Center, Educational Computer Lab, and Resource Library;
 Hired and trained 70 student peer tutors and computer lab staff; Allocated budgets

Conducted individual meetings with students to discuss study skills and career choices.

Coordinator, Tutoring Center, 1992-94

Hired, trained, and supervised 60 peer tutors and support staff;

Allocated and monitored budgets.