MEREDITH B. ELZY
Curriculum Vitae

PROFESSIONAL CONTACT INFORMATION

University of Tampa
Department of Psychology, 401 W. Kennedy Blvd., Tampa, FL 33606-1490
813-257-3535
melzy@ut.edu

EMPLOYMENT HISTORY

8/2019 – current	*Associate Professor of Psychology (Clinical)* University of Tampa Tampa, FL
8/2013 – 7/2019	*Assistant Professor of Psychology (Clinical)* University of South Carolina Aiken Aiken, SC
5/2004 – 8/2006	*Mental Health Clinician* Lutheran Social Services of Illinois Marion, IL

EDUCATION

2013	University of South Florida, Tampa, Florida Ph.D., Clinical Psychology GPA 3.80 *Dissertation*: Emotional Invalidation: An Investigation into its Definition, Measurement, and Effects (defended June, 2013) *Predoctoral Clinical Internship*: James A. Haley Veterans' Hospital (2012-2013)
2009	University of South Florida, Tampa, Florida M.A., Clinical Psychology GPA 3.80

Thesis: Exploring the Relationship between Childhood Sexual Abuse and Borderline Personality Features Using a Moderator Hypothesis (defended January, 2009)

2004 University of Georgia, Athens, Georgia
M.Ed., Guidance and Counseling
GPA 3.92

2002 Emory University, Atlanta, Georgia
B.A., Psychology with High Honors
GPA 3.78
Honors Thesis: Examining Competitive Trait Anxiety Among Adolescent Athletes (defended April, 2002)

HONORS AND AWARDS

2023 Excellence in Scholarship and Research Award, *University of Tampa, College of Social Sciences, Mathematics, & Education*
2022 Outstanding Faculty Advisor Award, *University of Tampa*
2022 Outstanding Undergraduate Mentorship Award, *University of Tampa, College of Social Sciences, Mathematics, & Education*
2017 Excellence in Teaching Award, *University of South Carolina Aiken*
2016 Early Career Research Award, *Southeastern Psychological Association*
2011 Tom Tighe Research Award, *University of South Florida, Psychology Department*
2010 Eve Levine Graduate Teaching Award, *University of South Florida, Psychology Department*
2010 Provost's Commendation Award for Outstanding Teaching by a Graduate Teaching Assistant, *University of South Florida*
2002 Recipient of High Honors at Emory University
1999 – 2002 Emory College Deans List
2001 University Athletic Association All Academic Recognition
1999 National Collegiate Athletic Association (NCAA) All American Swimmer

GRANTS AND CONTRACTS

2023 Undergraduate Research and Inquiry Grant, University of Tampa

Amount funded: $3597.43
Role: Faculty Mentor
Title: *Piloting an after-school program to increase emotional health and well-being in young adolescents*

2022 Undergraduate Research and Inquiry Grant, University of Tampa
Amount funded: $3987.30
Role: Faculty Mentor
Title: *Examining emotional validation as a potential moderator between adverse childhood experiences and perceptions of academic stress*

2021 Learning Enrichment Grant, University of Tampa
Amount funded: $1500.00
Role: Co-author (Stasio, M., Blessing, J., Blessing, S., Elzy, M. Festini, S. B., Husband, S., & Marsh, B.)
Title: *Psychology in Everyday Life Course Development*

2021 Undergraduate Research and Inquiry Grant, University of Tampa
Amount funded: $3290.18
Role: Faculty Mentor
Title: *Social media self-presentation in an emotional context*

2020 Research and Inquiry Curriculum Grant, University of Tampa
Amount funded: $1000
Role: New course developer
Title: PSY231 Inquiry into Clinical and Counseling Psychology

2020 Undergraduate Research and Inquiry Grant, University of Tampa
Amount funded: $3187.67
Role: Faculty Mentor
Title: *Developmental Investigation into Emotional Validation*

2017 RISE Grant, University of South Carolina
Amount funded: $6,000
Role: Principle Investigator
Title: *Development of a Coding Protocol for Observable Emotional Validation and Invalidation*

2016 High Impact Practices Grant, University of South Carolina Aiken
Amount funded: $2,500
Role: Principal Investigator
Title: *A Theory Driven Examination of Service Learning*

2014 Magellan Scholars, University of South Carolina
Amount funded: $3,000
Role: Faculty Mentor
Title: *Virtual child rearing in a developmental context*

2010 Ruth L. Kirschstein National Research Service Award, National Institutes of Health (NIH)
Amount requested: $75,286
Status: Unfunded
Role: Principal Investigator
Title: *Examining the Effects of Emotional Invalidation on Borderline Personality Features through the Use of an Experimental Design*
Supervising Mentor: Dr. Marc Karver

PUBLICATIONS

Lombardo, E.*, Waters, N.*, & **Elzy, M**. (2022). The impact of behavioral inhibition and emotional invalidation on the development of personality impairment. *Current Psychology,* 1-11. https://doi.org/10.1007/s12144-022-02705-y

Jelsone-Swain, L., Morrison, J.*, & **Elzy, M**. (2021). Sex differences in anger states after violent video game play and the relationship of empathy and emotional invalidation as pre-aggressive predictors. *Personality and Individual Differences, 182,* 1-7. https://doi.org/10.1016/j.paid.2021.111060

Gleason, L., Bender, A.M., Chen, J.I., Bozzay, M., Hangartner, R., Romero, G., Labouliere, C., **Elzy, M.**, Gryglewicz, K., & Karver, M. (2021). Under the surface: The role of covert cues in peer suicide risk referrals. *School Mental Health, 14*(1), 125-135.

Stasio, M.J., **Elzy, M.**, & West, L.F. (under review). All's well that appears well: Perfectionistic self-presentation, social media feedback, and help-seeking.

Arnett, K.*, Roach, A., **Elzy, M.**, & Jelsone-Swain, L. (2019). Childhood emotional invalidation and right hemispheric mu suppression during a pain empathy task: An EEG study. *Social Neuroscience*, 14(2), 236-250. DOI: 10.1080/17470919.2018.1441905

Elzy, M. & Karver, M. (2018). Behavior versus perception: An investigation into the components of emotional invalidation. *Personality and Mental Health, 12*(1), 59-72.

Gryglewicz, K., Kutash, K., **Elzy, M.B.**, Hangartner, R.R., & Karver, M.S. (2018). Engaging families: A pilot evaluation to examine the utility of a health promotional resource on youth suicide prevention. *Journal of Family Social Work*, 1-14.

Stafford, J. & **Elzy, M.** (2015). Understanding and treating military sexual trauma: A misunderstanding of the evidence. [Review of the book *Understanding and treating military sexual trauma*, by K. Zaleski]. *PsycCRITIQUES, 60*(50). http://dx.doi.org/10.1037/a0039951

Monahan, M., Chen, J., A., Sulbaran, Alitz, P., Rakhshani, A., Labouliere, C., **Elzy, M.**, Romero, G., Gleason, L., Gryglewicz, K., Witmeier, M., Kutash, K., Karver, M. (2015). Student Gatekeeper Training and Screening. In Gryglewicz, K., Gleason, L., Chen, J., Steding, L., Monahan, M., Jordan-Arthur, B., Brown, R., Bozzay, M., Romero, G., Rakhshani, A., Sulbaran, A., Ruiz Chavez, D., Witmeier, M., Karver, M. (Eds.) *Florida Youth Suicide Prevention Project*. Washington DC: Substance Abuse and Mental Health Service Administration.

Gryglewicz, K., **Elzy, M.**, Kutash, K., & Karver, M. (2014). It's time to talk about it: Utilizing a community based research approach to develop a family guide for youth suicide prevention. *International Journal of Child, Youth, and Family Studies, 5*(1), 47-69.

Elzy, M., Clark, C., Dollard, N., & Hummer, V. (2013). Adolescent girls' perspectives on avoidant and approach coping as moderators between trauma exposure and trauma symptoms. *Journal of Family Violence, 28*(8), 763-770.

Elzy, M. (2011). Examining the relationship between childhood sexual abuse and borderline personality disorder: Does social support matter? *Journal of Child Sexual Abuse, 20*(3), 284-304.

Gryglewicz, K., Ojeda, D., **Elzy, M.**, Brown, R., Kutash, K., Karver, M. & the Florida ASAP Suicide Prevention Team (2010). *It's Time to Talk about it: A Family Guide for Youth Suicide Prevention Efforts in Duval County*. Tampa, FL. University of South Florida.

Elzy, M. (2009). Evaluation of an intervention for adolescent girls with trauma related disorders. In Newman, C., Liberton, C.J., Kutash, K., & Friedman, R.M. (Eds.), *The 22nd annual research conference proceedings, A system of care for children's mental health: Expanding the research base*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Dollard, N., Armstrong, M. I., Robst, J., Hummer, V.L., Cobb, S.E., Li, W., Clark, C., Everton, C., **Elzy, M.**, Van Alstine, T., & Reyes, F. (2009). *Evaluation of Medicaid-Funded Out of-Home Alternatives for FY 08-09.* Tampa, FL: Louis de la Parte Florida Mental Health Institute, University of South Florida.

Holmes, G.R., Wright, H., Sakano, Y., Galeazzi, A., Franceschina, E., Finch, H., & **Brown, M.A.** (2002). Comparison of Italian and American early adolescents' responses to the social support behavioral inventory (SSBI). *Psicoterapia Cognitiva e Comportamentale, 8*(1), 31-43.

PRESENTATIONS

Chesson, C.* & **Elzy, M.** (2023). *Examining dolphin assisted therapy program effectiveness for veterans with PTSD*. Poster presented at the CEPO program of the Southeastern Psychological Association 69th Annual Meeting, New Orleans, LA.

Chesson, C.*, Hoffmeister, S.*, Polete, M.*, & **Elzy, M.** (2023). *A deeper dive into dolphin assisted therapy*. Poster presented at the 2023 University of Tampa College of Social Science, Mathematics, and Education Undergraduate Research Symposium. Tampa, FL.

Demers, K.*, Rodriguez, B.*, & **Elzy, M.** (2023). *Examining emotional invalidation as a potential moderator between adverse childhood experiences and perceptions of academic stress*. Poster presented at the CEPO program of the Southeastern Psychological Association 69th Annual Meeting, New Orleans, LA.

Elzy, M., Henault, M.*, & Spath, E.* (2023). *A journey towards a more emotionally validating environment*. Paper presented at the Southeastern Psychological Association 69th Annual

Meeting, New Orleans, LA.

Demers, K.*, Spath, E.*, Henault, M.*, **Elzy, M.**, & Stasio, M. (2022). *Rating social media posts about mood distress.* Poster presented at the 2022 University of Tampa College of Social Science, Mathematics, and Education Undergraduate Research Symposium. Tampa, FL.

Thompson, S. & **Elzy, M.** (faculty mentor) (March, 2022). The undercover culprit in the virtual world: Emotional invalidation in social media. CEPO/Psi Chi Poster presented at the Southeastern Psychological Association 68th Annual Meeting, Hilton Head Island, SC.

Elzy, M., Keaton, A.*, Bogus, M.*, & Raymond, K.* (March, 2022). Perceptions of emotional invalidation in the context of relationship functioning. Poster presented at the Southeastern Psychological Association 68th Annual Meeting, Hilton Head Island, SC.

LaFontaine, J.*, Thompson, S.*, Wence, A.*, & **Elzy, M**. (March, 2021). Psychometric evaluation of interpersonal dyad video content. Virtual poster presented at the Southeastern Psychological Association 67th Annual Meeting.

Wence, A.*, Bogan, C.*, Downing, E.*, & **Elzy, M.** (March, 2021). Developmental investigation into emotional validation. Virtual poster presented at the Southeastern Psychological Association 67th Annual Meeting.

Lombardo, E.*, Jupp, K.*, & **Elzy, M.** (November, 2019). The future of psychopathology: A dimensional model of psychosis-related disorders. Poster presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.

Anzuoni, L.*, Waters, H.N.*, Hill, B.*, & **Elzy, M**. (March, 2019). The relationship between a child's age and their perception of emotional invalidation. Poster presented at the Southeastern Psychological Association 65th Annual Meeting, Jacksonville, FL.

Elzy, M. (January, 2019). Integrating high-impact educational practices through an ePortfolio capstone course. Poster presented at the National Institute on the Teaching of Psychology 41st Annual Meeting, St. Pete Beach, FL.

Elzy, M. & Callen, E. (January, 2019). Assessing the utility of high-impact educational practices at the department level. Participant Idea Exchange (PIE) presented at the National Institute on the Teaching of Psychology 41st Annual Meeting, St. Pete Beach, FL.

Elzy, M., Johnson, B., Waters, H.N.*, Gordon, Z.*, & Ard, H.* (March, 2018). Development of a coding protocol for observable emotional validation and invalidation. Poster presented at the Southeastern Psychological Association 64th Annual Meeting, Charleston, SC.

Puckett, S.* & **Elzy, M.** (March, 2018 & April, 2018). Communication styles: Does gender matter? Poster presented at the Southeastern Psychological Association 64th Annual Meeting, Charleston, SC and the COPLAC Southeast Regional Undergraduate Research, Scholarly, and Creative Activity Conference, Aiken, SC.

Knoll, A.*, Carrigan, M., **Elzy, M.**, & Pazda, A.D. (March, 2018). Greek involvement and alcohol consumption: The Theory of Planned Behavior and its mediating influence. Poster presented at the 19th annual meeting for the Society for Personality and Social Psychology, Atlanta, GA.

Elzy, M. & Karver, M. (March, 2017). Can we predict perceptions of emotional invalidation? Poster presented at the Southeastern Psychological Association 63rd Annual Meeting, Atlanta, GA.

Callen, E., Nelson, M.*, **Elzy, M.** (March, 2017). Reinstatement of second-order conditioned fear. Poster presented at the Southeastern Psychological Association 63rd Annual Meeting, Atlanta, GA.

Johnson, B., Puckett, S.*, DeAlto, A.*, & **Elzy, M.** (March, 2017). Perceptions of emotional invalidation: Past and present. Poster presented at the Southeastern Psychological Association 63rd Annual Meeting, Atlanta, GA.

Elzy, M. (January, 2017). A theory driven examination of service learning. Poster presented at the National Institute on the Teaching of Psychology 39th Annual Meeting, St. Pete Beach, FL.

Callen, E. & **Elzy, M.** (January, 2017). Improving undergraduate statistics courses with a graduate student coaching model. Poster presented at the National Institute on the Teaching of Psychology 39th Annual Meeting, St. Pete Beach, FL.

Elzy, M. & Karver, M. (April, 2016). Emotional invalidation: Definitional and measurement challenges. Paper presented at the Southeastern Psychological Association 62nd Annual Meeting, New Orleans, LA.

Johnson, B.*, Adams, N.*, Ingram, S.*, Sheikh, K.*, Pate, B.*, & **Elzy, M.** (April, 2016).

Perceived emotional invalidation in a developmental context: Does gender matter? Poster presented at the Southeastern Psychological Association 62nd Annual Meeting, New Orleans, LA.

Johnson, L.*, Jones, B.*, & **Elzy, M.** (March, 2015). Virtual child rearing: How does it related to parenting style? Poster presented at the Southeastern Psychological Association 61st Annual Meeting, Hilton Head, SC.

Gleason, L., Bozzay, M., Chen, J., Romero, G., Gryglewicz, K., **Elzy, M.**,…Karver, M.S. (April, 2014). *Adolescent gatekeeper training: What predicts adult referral intentions among youth?* Paper presented at the American Association of Suicidology Conference, Los Angeles, CA.

Kaniuka, A. R., Chen, J. I., Romero, G., Gryglewicz, K., Labouliere, C. D., **Elzy, M.**,… Karver, M. S. (April, 2014). *Factors related to adolescent referral intentions of at-risk suicidal peers.* Poster presented at the American Association of Suicidology Conference, Los Angeles, CA.

Elzy, M. & Krawyzk, R. (January, 2013). Mentoring beyond research: Negotiating occupational hazards. Poster presented at the National Institute on the Teaching of Psychology, 35th Annual Conference, St. Pete Beach, FL.

Elzy, M., Labouliere, C., Brown, R., Gryglewicz, K., Kutash, K., & Witmeier, M., & Karver, M. (April, 2012). Peers helping peers: Do we know what predicts adolescent gatekeeper behavior? Paper presented at the American Association of Suicidology Conference, Baltimore, MD.

Romero, G., Ornelas, A., **Elzy, M.**, Gryglewicz, K., Labouliere, C., Brown, R., Kutash, K., Witmeier, M., & Karver, M. (April, 2012) Distinguishing types of knowledge and the relationship to behavioral intentions and referral behavior. Paper presented at the American Association of Suicidology Conference, Baltimore, MD.

Gryglewicz, K., Ojeda, D., **Elzy, M.**, Brown, R., Witmeier, M., Kutash, K., Karver, M., & the Florida ASAP Suicide Prevention Team at the University of South Florida. (April, 2012). Development of a family driven guide for youth suicide prevention. Poster presented at the SAMHSA Suicide Prevention Conference, Baltimore, MD.

Karver, M., Brown, R., Gryglewicz, K., Witmeier, M., **Elzy, M.**, Dean, M., Labouliere, C., Jordan-Arthur, B., Chen, J., & Kutash, K. (October, 2011). Florida's Suicide Prevention Plan: Does it work? Invited presentation at the Florida Statewide Suicide Prevention Conference, Orlando, FL.

Brown R., Labouliere , C., Joslin, A. K., **Elzy, M.**, Gryglewicz , K., Holland, V., Kutash, K., & Karver, M. S. (April, 2011). Gatekeeper training: Changing the focus from knowledge gain to behavior change. Paper presented at the American Association of Suicidology Conference, Portland, OR.

Gryglewicz, K., Ojeda, D., **Elzy, M.**, Brown, R., Holland, V., Kutash, K. & Karver, M. (February, 2011). It's Time to Talk: A Family-Driven, Suicide Prevention Initiative. Workshop proposal presented at the SAMHSA Suicide Prevention Conference, Baltimore, MD.

Elzy, M. (January, 2011). Utilizing student presentations: Successes, challenges, and room for improvement. Participant Idea Exchange presentation: National Institute on the Teaching of Psychology, 33rd Annual Conference, St. Pete Beach, FL.

Elzy, M., LeVasseur, M., Clark, C., Van Alsine, T., & Cobb, S. (March, 2009). Evaluation of an intervention for adolescent girls with trauma related disorders. Paper presented at A System of Care for Children's Mental Health: Expanding the Research Base, the 22nd Annual Research Conference in Tampa, FL.

REVIEW EXPERIENCE

2019-2023	*Current Psychology*, Invited Ad Hoc Reviewer
2015-2021	*Southeastern Psychological Association* Reviewed presentation proposals submitted for the SEPA Conference
2016-2018	*Magellan Scholars*, Invited Reviewer Reviewed undergraduate research proposals for the University of South Carolina
2017	*High Impact Practices Grant*, Invited Reviewer Reviewed faculty teaching proposals for the University of South Carolina Aiken

2015 *Applied Developmental Science*, Invited Ad Hoc Reviewer

2013 *American Psychological Association, Division 2: Society for the Teaching of Psychology*
Reviewed presentation proposals submitted for the 2014 APA Conference

2012 *Psychiatric Research*, Invited Ad Hoc Reviewer

2010 *Psychological Assessment*, Ad Hoc Reviewer

2009 *American Psychological Association, Division 2: Society for the Teaching of Psychology*
Reviewed presentation proposals submitted for the 2010 APA Conference

TEACHING EXPERIENCE

2019 – current **Associate Professor**, University of Tampa – Tampa, FL

Undergraduate Level Courses:
PSY201 *Psychological Assessment*
PSY230 *Theories of Personality*
PSY231 *Inquiry into Clinical and Counseling Psychology*
PSY303 *Abnormal Psychology*
PSY340 *Behavior Modification*
PSY399 *Careers in Psychology*

2013 – 2019 **Assistant Professor**, University of South Carolina – Aiken, Aiken, SC

Undergraduate Level Courses:
Psyc310 Developmental Psychology
Psyc320 Abnormal Psychology
Psyc325 Quantitative Analysis in the Behavioral Sciences
Psyc420 Behavior Modification
Psyc425 Childhood Psychopathology
Psyc500 Special Topics: Translational Psychology
Psyc298 Introduction to Psychological Research
Psyc398 Intermediate Psychological Research
Psyc498 Advanced Psychological Research
Psyc598 Senior Research Thesis

Graduate Level Courses:
Psyc620 Psychopathology
Psyc680 Assessment I (Cognitive Assessment)
Psyc699 Independent Research
Psyc700 Childhood Psychopathology
Psyc790 Clinical Practicum

Psyc791 Advanced Practicum
Psyc798 Thesis Preparation
Psyc799 Thesis

2013 **Adjunct Faculty**, New College of Florida, Sarasota, FL

Developmental Psychology, Spring 2013

2009 – 2011 **Instructor**, University of South Florida, Tampa, FL

CLP 4414 *Behavior Modification, Fall, 2011*
CLP 4143 *Abnormal Psychology, Spring, 2010*
CLP 4143 *Abnormal Psychology, Fall, 2009*

2008 **Guest Lecturer**, University of South Florida, Tampa, FL

CLP 4143 *Abnormal Psychology, Spring, 2008*
PSB 3444 *Drugs and Behavior, Fall, 2008*

2006 – 2008 **Teaching Assistant**, University of South Florida, Tampa, FL

PSY 3213 *Research Methods in Psychology, Summer 2008*
CLP 4433 *Psychological Tests and Measures, Summer 2007*
PSY 3213 *Research Methods in Psychology, Spring 2007*
PSY 3213 *Research Methods in Psychology, Fall, 2006*

CAMPUS TALKS

2020 "E-Portfolios as a Capstone Experience: Doubling up on high-impact practices," Invited talk for the Center for Teaching and Learning at the University of Tampa
2018 "Service Learning," Invited talk at the USC Aiken High Impact Practices Symposium, University of South Carolina Aiken
2017 "Clinician in the Classroom," Invited talk in the Center for Teaching Excellence series, University of South Carolina Aiken
2017 "High Impact Learning Practices" Psychology Department Brown Bag Lecture, University of South Carolina Aiken

DEPARTMENTAL/UNIVERSITY SERVICE

2021 – 2023 University Curriculum Committee, University of Tampa
2021 – 2023 Career Services Spartan Studies Faculty Task Force, CSSME representative, University of Tampa
2020 – 2023 Undergraduate Research & Inquiry Committee, University of Tampa
2019 – 2022 Spartan Ready Steering Committee, University of Tampa
2018 – 2019 Faculty Welfare Committee, member, University of South Carolina Aiken
2013 – 2019 Graduate Admissions Committee, member, University of South Carolina Aiken

2015 – 2018	Family Fund Campaign Psychology Department Representative, University of South Carolina Aiken
2017 – 2018	Psychology Department Search Committee, chair, University of South Carolina Aiken
2017 – 2018	Honors, Awards, and Scholarship Excellence in Research Subcommittee, member, University of South Carolina Aiken
2017 – 2018	Center for Teaching Excellence Planning Committee, member, University of South Carolina Aiken
2015 – 2017	Psychology Department Curriculum Review and Restructure Subcommittee, chair, University of South Carolina Aiken
2016 – 2017	First Generation College Student Ad-hoc University Committee, member, University of South Carolina Aiken
2016	Director of Center for Student Achievement Search Committee, member, University of South Carolina Aiken
2015 – 2016	Honors, Awards, and Scholarship Excellence in Advising Subcommittee, member, University of South Carolina Aiken
2014 – 2015	Psychology Department Undergraduate Research Course Sequence Review and Restructure Subcommittee, member, University of South Carolina Aiken
2014 – 2015	Biology Department Search Committee, member, University of South Carolina Aiken
2014 – 2015	Psychology Department Search Committee, member, University of South Carolina Aiken
2013 – 2014	Psychology Department Search Committee, member, University of South Carolina Aiken

CLINICAL EXPERIENCE

2013 – 2019 *University of South Carolina Aiken Psychology Clinic*, Aiken, SC

- Coordinator of clinical services for student veterans and military personnel including individual services, Cognitive Processing Therapy (CPT) groups, and psychological assessments as needed.
- Supervision of master's level graduate students delivering individual, group, and family therapy as well as cognitive assessments and psychological evaluations.
- Supervision of master's level graduate students in a variety of graduate assistantship positions that involve clinical skills (e.g., USCA Veterans and Military Students Success Center, USCA Center for Student Achievement).

2012 – 2013 *James A. Haley Veterans' Hospital*, Predoctoral Psychology Intern, Tampa, FL
Internship Director: Glenn Curtis, Ph.D.

Completing four, three month rotations in the following clinics:

- *Women's Health Center*: Specializing in the assessment and treatment of mental health issues in a female veteran population.
- *Alcohol and Drug Abuse Treatment Program Dual-Diagnosis Treatment Program*: Specializing in the assessment and treatment of veterans suffering from PTSD and substance related issues.
- *Primary Care and Medical Psychology*: Specializing in the assessment and treatment of veterans' psychological needs related to medical injuries and illnesses.
- *Military Trauma – Post Traumatic Stress Disorder*: Specializing in the assessment and treatment of veterans suffering from combat related PTSD.

2011 – 2012 *James A. Haley Veterans' Hospital*, Psychology Student Intern, Tampa, FL

Supervisor: Dawn Johnson, Ph.D.

- Experience leading a Cognitive Processing Therapy (CPT) group for a veteran population diagnosed with PTSD.
- Provide individual CPT for war veteran suffering from PTSD.
- Conduct integrative psychological evaluation assessments to determine clinical diagnosis for patients in the Post-Traumatic Stress Disorder (PTSD) clinic.
- Receive weekly individual supervision by a licensed clinical psychologist trained in training others to deliver CPT.

2007 – 2012 *Psychological Services Center,* Clinical Trainee, Tampa, FL
Supervisors: Paul Jacobsen, Ph.D., Katurah Jenkins-Hall, Ph.D., Evelyn Hernandez, Psy.D.

- Intensive training opportunities in supervision groups specializing in treatments for trauma related disorders.
- Training in working with a non-English speaking refugee population through the Tampa Bay Refugee Services Program.
- Provide therapeutic services for individual clients with an array of presenting problems, including a variety of anxiety disorders, mood disorders, and personality disorders.
- Provide couples therapy for couples experiencing marital and family distress.
- Involvement in weekly supervision groups with licensed psychologists specializing in the use of empirically supported treatments.
- Experience with integrative psychological assessment and report writing with child and adult clients.

2008-2009 *University of South Florida Counseling Center*, Graduate Assistant, Tampa, FL
Supervisors: Abigail Saneholtz, Psy.D.,

- Graduate Assistant in the Quit Smoking Now program designed to help students, faculty, and staff struggling with a tobacco addiction.
- Provided individual assessments for students and staff members concerned about their tobacco use habits and made appropriate referrals based on level of severity.
- Provided manualized group and individual counseling to students and staff members seeking to end their tobacco addiction.
- Involvement in campus outreach programs to educate students on tobacco use and its disorders.
- Provided individual counseling to university students with a wide range of presenting problems (i.e., anxiety disorders, mood disorders, relationship problems, cultural concerns).
- Received weekly individual and group supervision by a licensed clinical psychologist and a predoctoral psychology intern.

2007-2008 *University of South Florida Counseling Center*, Graduate Assistant, Tampa, FL
Supervisor: Abigail Saneholtz, Psy.D.

- Graduate Assistant in the Attitude and Alternatives Program (AAP) which is part of the Center for Addiction and Substance Abuse (CASA).
- Provided brief, manualized motivational interviewing treatment to undergraduate students referred for substance related problems.
- Experience with integrative psychological assessment and brief report writing utilizing an empirically supported model.

- Involvement in campus outreach programs to educate students on substance related issues and promote services.
- Received weekly group supervision by a licensed clinical psychologist.

2004-2006 *Lutheran Social Services of Illinois*, Mental Health Counselor; Marion, IL
Supervisor: Deborah Little, MSW

- Provided counseling services to individuals and families involved in the system of care, including: children who have been sexually, physically, and/or emotionally abused; parents and/or guardians of children who are abuse victims; and women who have been the victims of domestic violence.
- Delivered treatment for adults presenting with a variety of anxiety disorders, mood disorders, personality disorders, and substance related disorders.
- Provided treatment for children and adolescents presenting with anxiety disorders, mood disorders, oppositional defiant disorder, and adjustment disorders.
- Conducted family therapy to assist with the reunification of families in the system of care when deemed appropriate.
- Worked collaboratively with system of care treatment teams including, but not limited to case managers, case workers, treatment facility professionals, foster care providers, and school personnel.
- Attended a wide variety of professional trainings geared towards helping individuals and families involved in the system of care.
- Participated in weekly supervision groups with a licensed mental health provider.

2003-2004 *University of Georgia's Juvenile Counseling and Assessment Program (JCAP)*; Student Intern; Athen, GA
Supervisor: Georgia Calhoun, Ph.D.

- Provided individual counseling services to adolescents living in a juvenile justice facility.
- Co-facilitated psychoeducational and skill-building groups for adolescents involved with the Department of Juvenile Justice.
- Received weekly group supervision by a licensed psychologist.

2002-2004 *Advantage Behavioral Health Services*, Innerlight Clinical Trainee; Athens, GA
Supervisors: Alan Stewart, Ph.D; Kelli Wanchick, LMHC; Erica Johnson, LMHC

- Provided group, individual, and family counseling services to adolescents experiencing substance abuse problems.
- Conducted assessments and developed treatment plans for adolescents referred through the Department of Juvenile Justice for substance related problems.
- Received weekly individual supervision with a licensed mental health provider with a specialized certificate in the treatment of substance related disorders.

2002-2004 *Advantage Behavioral Health Services*, Student Intern; Athens, GA
Supervisors: Alan Stewart, Ph.D., Briar McLean, Ph.D.

- Provided outpatient individual and family counseling for children ages 6-16 presenting with a wide range of psychological problems including ADHD, Depression, and ODD.
- Conducted assessments and developed treatment plans using empirically supported assessment and treatment approaches.

- Received weekly individual supervision with a licensed mental health provider specializing in the treatment of children and adolescents.

RELEVANT CLINICAL TRAININGS

June 2, 2018	*Outcome Questionnaire Refresher Training (Private Training for the USCA Clinical Faculty)* Presented by Amanda Hastings, Director of Customer Support OQ Measures, LLC
December 1, 2016	*While I Breathe, I Hope: Suicide Prevention in Youth and Young Adults* Presented by Alex Karydi, Ph.D.
November 7-9, 2011	*Cognitive Processing Therapy, Certified Provider Training* Bay Pines VA Healthcare System
October 21, 2011	*Clinical Supervision: A Competency Based Approach* Presented by Carol Falendar, Ph.D.
September 23, 2011	*Working with Refugees* Conducted by Janet Blair, MA, Department of Children and Families, Community Liaison for Refugee Services Program
June 2-6, 2008	*Certified Tobacco Treatment Specialist Training* Presented by The Tobacco Dependence Program University of Medicine and Dentistry of New Jersey School of Public Health
November 2-3, 2006	*How to be a Skills Trainer in Dialectical Behavior Therapy* Sponsored by Behavioral Tech, LLC Presented by Linda Dimeff, Ph.D.

PROFESSIONAL LICENSURES AND AFFILIATIONS

2016 – current	South Carolina Clinical Psychologist Professional Licensure License # 1397
2021 – current	Society for the Teaching of Psychology (National), member
2015- current	Southeastern Psychological Association, member