

CURRICULUM VITAE

COLTER D. RAY, PHD

Assistant Professor
Department of Communication
The University of Tampa
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EDUCATION

PH.D., COMMUNICATION (2018), ARIZONA STATE UNIVERSITY

Dissertation: Effects of Message Planning on Support Message Effectiveness, Nonverbal Behaviors, and Supporter Stress and Anxiety

M.A., COMMUNICATION STUDIES (2014), TEXAS STATE UNIVERSITY

Distinction: Departmental Award for Outstanding Graduate Student

B.A., PUBLIC RELATIONS (2011), TEXAS STATE UNIVERSITY

Distinction: Ralph J. Harrell Outstanding Senior

CERTIFICATES

Graduate Certificate in Corporate Communication and Training, Texas State University, May 2014
Masterclass in Online Pedagogy, Arizona State University, May 2018

STUDY ABROAD

Oxford University, St. Hilda's College, 2013

ACADEMIC APPOINTMENTS

Fall 2023–Present

Assistant Professor
Department of Communication
University of Tampa

Fall 2021–Summer 2023

Assistant Professor
Department of Communication Studies
Louisiana State University

Fall 2018–Summer 2021

Assistant Professor
Director of the Human Communication Laboratory
Associate Director of the Center for Communication, Health,
and the Public Good
School of Communication
San Diego State University

Fall 2014–Summer 2018

Graduate Teaching Assistant
The Hugh Downs School of Human Communication
Arizona State University

Fall 2012–Spring 2014

Graduate Teaching Assistant
Basic Course Administrator (2013–2014)
Department of Communication Studies
Texas State University

RESEARCH & GRANT ACTIVITY

PEER-REVIEWED JOURNAL ARTICLES

28. **Ray, C. D.** (2023). Nonsupport experiences of young adult cancer patients: Prevalence, acceptability, and outcomes of not receiving support. *Health Communication*. Advance online publication. <https://doi.org/10.1080/10410236.2023.2206178>
27. **Ray, C. D.** (2023). The relationships between loneliness and mental and physical health are moderated by the tendency for interpersonal victimhood: A study of young adult cancer patients. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2023.2223203>
26. **Ray, C. D.**, Scharp, K. M., Parker, E., & Donohoe, D. E. (2023). Withholding social support because those in need are undeserving: A thematic narrative analysis. *Communication Research*. Advance online publication. <https://doi.org/10.1177/00936502221146629>
25. **Ray, C. D.**, & Mikkelsen, A. C. (2023) The multidimensional evaluation of enacted support scale (MEESS): Issues regarding factor structure, study design, and instructions. *Journal of Social and Personal Relationships*. Advance online publication. <https://doi.org/10.1177/02654075231171621>
24. **Ray, C. D.**, & Manusov, V. L. (2023). What counts as an acceptable reason for not communicating emotional support? *Personal Relationships*, 30(2), 596-619. <https://doi.org/10.1111/perc.12470>

23. **Ray, C. D.** (2022). Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes. *Western Journal of Communication*. Advance online publication. <https://doi.org/10.1080/10570314.2022.2132530>
22. **Ray, C. D.**, & Shebib, S. J. (2022). Determinants of loneliness during the COVID-19 pandemic in the United States: A one-year follow-up study. *Journal of Social and Personal Relationships*, 39(12), 3579-3595. <https://doi.org/10.1177/02654075221102632>
21. Floyd, K., **Ray, C. D.**, James, R., & Anderson, A. J. (2022). Correlates of compassion for suffering social groups. *Southern Communication Journal*, 87(4), 324-338. <https://doi.org/10.1080/1041794X.2022.2086612>
20. **Ray, C. D.** (2022). Extraversion negatively predicts compliance with social distancing and mask usage guidelines for men but not women. *Research in Psychology and Behavioral Sciences*, 10(1), 1–5. <https://doi.org/10.12691/rpbs-10-1-1>
19. **Ray, C. D.** (2021). The trajectory and determinants of loneliness during the first two months of the COVID-19 pandemic in the United States. *Journal of Social and Personal Relationships*, 38(6), 1920–1938. <https://doi.org/10.1177/02654075211016542>
18. Shin, Y., Pettigrew, J., **Ray, C. D.**, & Lu, Y. (2021). Frequency and importance of interpersonal communication about a school-based intervention with parents, peers, and teachers: Application of Social Interface Model. *Journal of Applied Communication Research*, 49(86), 1-17. <https://doi.org/10.1080/00909882.2021.1936122>
17. Pettigrew, J., Razzante, R., Allsup, J., Lu, Y., & **Ray, C. D.** (2021). Challenging sustainability in school-based intervention in Nicaragua. *Health Education*, 121(4), 356-367 . <https://doi.org/10.1108/HE-12-2020-0115>
16. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (2021). Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages. *Health Communication*, 36(7), 856–865. <https://doi.org/10.1080/10410236.2020.1719322>
15. Floyd, K., York, C., & **Ray, C. D.** (2020). Heritability of affectionate communication: A twins study. *Communication Monographs*, 87(4), 405–424. <https://doi.org/10.1080/03637751.2020.1760327>
14. **Ray, C. D.**, Floyd, K., Tietsort, C., Veluscek, A. M., Otmar, C. D., Hashi, E. C., & Fisher, R. (2020). Mixed messages: I. The consequences of communicating negative statements within emotional support messages to cancer patients. *Journal of Patient Experience*, 7(4), 593–599. <https://doi.org/10.1177/2374373519873781>

13. **Ray, C. D.**, Floyd, K., Mongeau, P. A., & Randall, A. K. (2020). Success bias and inflation bias after planning and communicating emotional support messages. *Journal of Cancer Education*, 35(5), 972–976. <https://doi.org/10.1007/s13187-019-01550-1>
12. Mikkelsen, A. C., & **Ray, C. D.** (2020). Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes. *Journal of Social and Personal Relationships*, 34(8-9), 2482–2509. <https://doi.org/10.1177/0265407520928122>
11. **Ray, C. D.**, Burke, T. J., Young, V., & Curran, M. A. (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal*, 84(5), 301–313. <https://doi.org/10.1080/1041794X.2019.1644665>
10. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019). Planning improves vocal fluency and appearance of concern when communicating emotional support. *Communication Research Reports*, 36(1), 57–66. <https://doi.org/10.1080/08824096.2018.1560251>
9. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2019). “Emotional support won’t cure cancer”: Reasons people give for not providing emotional support. *Western Journal of Communication*, 83(1), 20–38. <https://doi.org/10.1080/10570314.2018.1472800>
8. Stein, J. B., **Ray, C. D.**, van Raalte, L. J., & Mongeau, P. A. (2019). Testing the relational turbulence theory in friends with benefits relationships. *Ohio Communication Journal*, 57(1), 6–18.
7. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018). Factors predicting unmet supportive care needs among adult cancer patients. *Health Behavior and Policy Review*, 5(6), 38–49. <https://doi.org/10.14485/HBPR.5.6.3>
6. Floyd, K., **Ray, C. D.**, van Raalte, L. J., Stein, J. B., & Generous, M. A. (2018). Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends. *Research in Psychology and Behavioral Sciences*, 6(1), 27–34. <https://doi.org/10.12691/rpbs-6-1-4>
5. **Ray, C. D.**, & Veluscek, A. M. (2018). Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer. *Journal of Cancer Education*, 33(3), 649–652. <https://doi.org/10.1007/s13187-016-1125z>

4. Pettigrew, J., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2018). Social interface model: Theorizing ecological post-delivery processes for intervention effects. *Prevention Science, 19*(8), 987–996. <https://doi.org/10.1007/s11121-017-0857-2>
3. Kim, H., **Ray, C. D.**, Veluscek, A. M. (2017). Complementary roles of facilitators and peers in promoting mHealth engagement and weight loss: An analysis of survey and in-app activity data. *Journal of Health Communication, 22*(11), 902–915. <https://doi.org/10.1080/10810730.2017.1373876>
2. **Ray, C. D.**, & Veluscek, A. M. (2017). Face threats and additional reasons for perceiving support as unwanted: A study of recently diagnosed cancer patients. *Health Communication, 32*(11), 1396–1402. <https://doi.org/10.1080/10410236.2016.1228027>
1. Floyd, K., & **Ray, C. D.** (2017). Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support. *Journal of Social and Personal Relationships, 34*(8), 1260–1276. <https://doi.org/10.1177/0265407516673161>

MANUSCRIPTS UNDER REVIEW

7. **Ray, C. D.** (under initial review). Saying the wrong thing or nothing at all: Comparing outcomes of nonsupport versus low person-centered emotional support messages following a major personal injury or loss of employment.
6. **Ray, C. D.**, Wang, N. O., Duede, L. A., Garza, B., & Burns, J. (under initial review). Loneliness and stigmatization predicts diminished compassion for suffering social groups.
5. **Ray, C. D.**, Iannarino, N. T., Wang, N. O., Matias, B., Westerman, A., & Germann, J. N. (under initial review). Exploring the barriers to providing and receiving social support: A qualitative study of young adult cancer patients and young adult supporters.
4. Otmar, C. D., & **Ray, C. D.** (under initial review). The loneliness of social anxiety: Testing three models of relational messages.
3. Floyd, K., **Ray, C. D.**, & Hesse, C. (under initial review). Rational emotive behavioral therapy (REBT) and loneliness: A multinational replication of Hyland et al., (2019).
2. Mikkelsen, A. C., & **Ray, C. D.** (under initial review). Relational uncertainty and the investment model: Understanding commitment processes across differences in relational uncertainty.
1. Duede, L. A., **Ray, C. D.**, & Brisini, K. S. C. (under initial review). Social support preferences and support gaps of adults with attention-deficit/hyperactivity disorder (ADHD): An exploratory mixed methods study.

MANUSCRIPTS IN PROGRESS

14. Duede, L. A., **Ray, C. D.**, & Brisini, K. S. C. (data analyzed). A qualitative exploration of social support desires of adults with attention-deficit/hyperactivity disorder (ADHD).
13. **Ray, C. D.**, & Westerman, A. W. (in data analysis). Assessing the efficacy of the “Supporter Roadmap:” An intervention to improve supportive communication between young adult supporters and loved ones with cancer.
12. **Ray, C. D.**, & Duede, L. A. (in data analysis). Nonsupport: Conceptualization and consequences of instances when support was expected but not communicated.
11. **Ray, C. D.**, High, A. C., & Bishop, R. (in data analysis). Mixed messages: IV. Do ability and motivation affect the recall of low person-centered statements embedded within emotional support messages? A longitudinal test of the dual-process model of supportive communication.
10. **Ray, C. D.**, Floyd, K., Zenzola, N., & Gonzalez, A. (in data analysis). An initial exploration of the characteristics and outcomes of “Come to Jesus Moments” and their implications for research on the dark side of supportive communication.
9. **Ray, C. D.**, Floyd, K., Koenig Kellas, J. (in data analysis). Putting “social” back into social support: Exploring how the supporter-recipient relationship can create effective and appropriate low person-centered messages.
8. **Ray, C. D.**, Wang, N. O., Iannarino, N. T., Germann, J. N., Westerman, A., & Mattias, B. (in data analysis). Technology as a facilitator and barrier to supportive interactions between young adult cancer patients and their supporters.
7. **Ray, C. D.** (data collected). Relational and health correlates of the tendency for interpersonal victimhood: Initial explorations using a U.S. census-matched sample of adults.
6. **Ray, C. D.**, & Floyd, K. (data collected). Tactics for reducing loneliness: Data from a nationally representative sample of U.S. adults who report having successfully addressed their loneliness or who continue to be lonely.
5. Otmar, C. D., & **Ray, C. D.** (data collected). Individuals with high social anxiety use different support seeking strategies than less anxious individuals.
4. Otmar, C. D., & **Ray, C. D.** (data collected). Support-seeking behaviors differ based on the type of anxiety created by various life stressor.

3. Manusov, V. L., McLaren, R. M., **Ray, C. D.**, & Crowe, K. (data collected). When tangible support functions as emotional support: Rethinking social support typologies from a recipient perspective.
2. **Ray, C. D.**, McLaren, R. M., Manusov, V. L., & Crowe, K. (data collection ongoing). Assessing the effectiveness of an on-demand empathy training and synchronous Zoom workshop on overcoming barriers to communicating emotional support messages.
1. Fedd, A., Samp, J. A., & **Ray, C. D.**, (in conceptualization). Sexual communication: A scoping review.

FUNDED RESEARCH GRANTS

9. Funder: Louisiana State University–Manship Summer Publication Grant
Project Title: *Assessing the Psychometrics of the Multidimensional Evaluate of Enacted Support Scale Using Census-Matched Data at Multiple Time Points*
Amount: \$5,000
Awarded: May 2022
Position/Role: Principal Investigator
8. Funder: San Diego State University–University Grants Program
Project Title: *Combating the Loneliness Epidemic with Gratitude and Affection*
Amount: \$10,000
Awarded: February 2021–June 2022 (Grant Ended Upon Leaving SDSU in August 2021)
Position/Role: Principal Investigator
7. Funder: San Diego State University–Faculty Guided Summer Undergraduate Research Program
Project Title: *Instances When People Believe Cancer Patients Do Not Deserve Social Support*
Amount: \$3,000
Awarded: May 2019–August 2019
Position/Role: Principal Investigator; Academic Mentor to Undergraduate Assistant
6. Funder: San Diego State University–University Grants Program
Project Title: *How Our Bodies and Minds React to Emotional Support Messages in the Cancer Context*
Amount: \$9,989
Awarded: January 2019–June 2020
Position/Role: Principal Investigator

5. Funder: The Hugh Downs School of Human Communication at Arizona State University
Project Title: *Supporter Anxiety and Emotional Support Message Quality During Interactions with Cancer Patients*
Amount: \$3,000
Awarded: March 2017–February 2018
Position/Role: Principal Investigator
4. Funder: Arizona State University Office of Knowledge Enterprise Development
Project Title: *The Physiological Effects of Planning Support Messages*
Amount: \$2,000
Awarded: February 2017–May 2018
Position/Role: Principal Investigator
3. Funder: Arizona State University Graduate and Professional Student Association
Project Title: *Individual Travel Grant*
Amount: \$950
Awarded Twice: November 2016; November 2017
2. Funder: The Hugh Downs School of Human Communication at Arizona State University
Project Title: *Nonsupport Versus Varying Levels of Person-Centered Emotional Support: A Study of Women with Breast Cancer*
Amount: \$1,120
Awarded: March 2016–February 2017
Position/Role: Principal Investigator
1. Funder: International Narcotics and Law Enforcement Affairs (U.S. Department of State)
Project Title: *Expanding the Influence of Dale se REAL in Nicaragua Central America*
Amount: \$600,000
Awarded: 2016–2019
Position/Role: Research Assistant

NON-FUNDED RESEARCH GRANT APPLICATIONS

4. Funder: The Rita and Alex Hillman Foundation
Funding Opportunity Title: Hillman Emergent Innovation: Serious Illness and End of Life
Project Title: *Developing and Implementing a Tool for Facilitating Supportive Interactions Between Young Adult Cancer Patient and Their Friends*
Amount: \$50,000
Investigators: Abby Westermann (PI), **Colter D. Ray (Co-I)**, Julie Germann (Co-I), Nicholas Iannarino (Co-I)

3. Funder: National Institutes of Health

Activity Code and FOA: R01 Research Project Grant (PAR-19-373)

Funding Opportunity Title: *Research on Biopsychosocial Factors of Social Connectedness and Isolation on Health, Wellbeing, Illness, and Recovery*

Amount: \$400,000

Investigators: Colin Hesse (Co-PI), Kory Floyd (Co-PI) , **Colter D. Ray (Co-I)**, & Thaddeus Pace (Co-I)

2. Funder: National Cancer Institute (As a component of the UCSD & SDSU U54 Grant Renewal)

Project Title: *Pragmatic Approach to Address Culturally Diverse Palliative Care Needs of Advanced Cancer Patients*

Amount: \$267,500

Funding Decision Announced September 2019

Principal Investigator: Savitri Singh-Carlson

Co-Investigators: **Colter D. Ray**, Eun Jeong Ko

1. Funder: San Diego State University – University Grants Program

Project Title: *Empathy Bootcamp: Tools for Building Relationships When It Really Counts*

Amount: \$10,000

Funding Decision Announced December 2019

Position/Role: Principal Investigator

BOOK CHAPTERS

3. Floyd, K., Pavlich, C. A., Dinsmore, D. R., & **Ray, C. D.** (2020). The physiology of affectionate communication. In L. S. Aloia, A. Denes, & J. C. Crowley (Eds.), *The Oxford handbook of the physiology of interpersonal communication*. Oxford University Press.

<https://doi.org/10.1093/oxfordhb.9780190679446.013.4>

2. Pauley, P., **Ray, C. D.**, Spitzberg, B. H., & Savage, M. (2019). Interpersonal and relational communication. In B. H. Spitzberg, H. Canary, & D. Canary (Eds.), *The communication capstone: The communication inquiry and theory experience*. Cognella.

1. Floyd, K., & **Ray, C. D.** (2016). The biology of affection. In J. Nussbaum (Ed.), *Oxford research encyclopedia of communication* (pp. 1–26). Oxford University Press.

<https://doi.org/10.1093/acrefore/9780190228613.013.157>

COMPETITIVELY SELECTED CONFERENCE PAPER PRESENTATIONS, PANELS, AND SYMPOSIA

45. Floyd, K., **Ray, C. D.**, & Hesse, C. (2024, April). *Rational emotive behavior therapy (REBT) and loneliness* [Poster presentation]. Submitted for presentation at the annual convention of the American Counseling Association, New Orleans, LA.
44. **Ray, C. D.** (November, 2023). *Nonsupport experiences of young adult cancer patients: Prevalence, acceptability, and outcomes of not receiving support*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
43. **Ray, C. D.**, Iannarino, N. T., Wang, N. O., Mattias, B., Westerman, A. W., & Germann, J. N. (November, 2023). *Barriers to providing social support: A study of young adult cancer patients and young adult supporters*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
42. **Ray, C. D.**, Wang, N. O., Duede, L. A., Garza, B., & Burns, J. (November, 2023). *Loneliness and stigmatization predicts diminished compassion for suffering social groups*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
41. Otmar, C. D., & **Ray, C. D.** (November, 2023). *The loneliness of social anxiety: Testing three models of relational messages*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
40. Duede, L. A., **Ray, C. D.**, Brisini, K., & Kelley, M. L. (November, 2023). *The social support experiences of attention-deficit hyperactivity disorder (ADHD) adults*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
39. Westerman, A., **Ray, C. D.**, Iannarino, N., Germann, J., Matias, B., & Wang, N. O. (June, 2023). *Understanding and mitigating social support barriers for young adults with cancer*. Paper presented at the annual meeting of the Global Adolescent and Young Adult Cancer Congress, Long Beach, CA.
38. **Ray, C. D.** (June, 2023). *The relationships between loneliness and mental and physical health are moderated by the tendency for interpersonal victimhood: A study of young adult cancer patients*. Paper presented at the International Association for Relationship Research's Dark Side of Relationships Conference, Tuscaloosa, AL.

37. **Ray, C. D.**, & Manusov, V. L. (February, 2023). *What counts as a good excuse for nonsupport? An analysis of the acceptability judgments and relational well-being using a nationally representative sample of U.S. adults*. Paper presented at the annual meeting of the Western States Communication Association, Phoenix, AZ.
36. **Ray, C. D.**, & Mikkelsen, A. C. (February, 2023). *The Multidimensional Evaluation of Enacted Support Scale (MEESS): Issues regarding factor structure, study design, and instructions*. Paper presented at the annual meeting of the Western States Communication Association, Phoenix, AZ.
35. **Ray, C. D.** (November, 2022). *Creating a research agenda around the concept of nonsupport: Instances when social support is expected but not received*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
34. **Ray, C. D.**, & Shebib, S. J. (November, 2022). *Further investigations into the determinants of loneliness during the COVID-19 pandemic in the United States: A one-year follow-up study*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
33. **Ray, C. D.**, Scharp, K. M., Parker, E., & Donohoe, D. E. (November, 2022). *Withholding social support because those in need are undeserving: A thematic narrative analysis*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
32. James, R., **Ray, C. D.**, Spitzberg, B. S., & Barber, L. (November, 2022). *Native Spanish speakers' perceptions of emotional support messages received in Spanish and English*. Paper accepted for presentation at the annual meeting of the National Communication Association, New Orleans, LA.
31. Westerman, A., **Ray, C. D.**, Iannarino, N. T., & Germann, J. N. (March, 2022). *Barriers to social support for adolescents and young adults with cancer*. Symposium presented at the virtual meeting of the American Psychosocial Oncology Society.
30. Floyd, K., **Ray, C. D.**, James, R., & Anderson, A. (February, 2022). *Predictors of compassion for suffering social groups*. Paper presented at the annual meeting of the Western States Communication Association, Portland, OR. **Top Paper in Interpersonal Division.**
29. **Ray, C. D.** (November, 2021). *Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes*. Paper presented at the annual meeting of the National Communication Association, Seattle, WA.
28. Wilson, S. R., Schrodtt, P., **Ray, C. D.**, & Shebib, S. (November, 2021). *Transforming interpersonal and family communication research: A discussion of advancing theory using survey experimental design*. A panel presentation at the annual meeting of the National Communication Association, Seattle, WA.

27. **Ray, C. D.**, Floyd, K., Mongeau, P. M., & Randall, A. K. (July-August, 2021). *Success bias and inflation bias after planning and communicating emotional support messages to cancer patients*. Paper presented at the virtual meeting of the International Association for Relationship Research.
26. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (November, 2020). *Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages*. Paper presented at the annual meeting of the National Communication Association, Indianapolis, IN.
25. Floyd, K., York, C., & **Ray, C. D.** (May, 2020). *Heritability of affectionate communication: A twins study*. Paper presented at the annual meeting of the International Communication Association, Gold Coast, Australia.
24. Mikkelson, A. C., & **Ray, C. D.** (February, 2020). *Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO. **Top Paper in Interpersonal Division.**
23. Otmar, C. D., **Ray, C. D.**, Spitzberg, B. H., Negash, S. (February, 2020). *The influence of interpersonal patterns of forgiveness on relational resilience*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO.
22. Valenzuela, A., Bohan, S., Nguyen-Grozavu, F., Robbins Sadler, G., Malcarne, V., & **Ray, C. D.** (September, 2019). *Social support for African American women with cancer: Why is it so low? A review of the literature*. Paper presented at the annual meeting of the International Cancer Education Conference, Salt Lake City, UT.
21. Shin, Y., Pettigrew, J., **Ray, C. D.**, Lu, Y., Castillo, M. A., & Allsup, J. D. (May, 2019). *Latent class analysis of interpersonal communication about the school-based intervention, Dale se REAL, with parents, peers, and teachers from the social interface model*. Paper presented at the annual meeting of the Society of Prevention Research, San Francisco, CA.
20. **Ray, C. D.**, Floyd, K., Tietsort, C. J., Veluscek, A. M., Hashi, E. C., Otmar, C. D., & Fisher, R. (February, 2019). *Brief negative statements occurring within longer support messages result in lower message effectiveness and supporter competence ratings*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.
19. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019, February). *Planning improves vocal fluency and appearance of concern when communicating emotional support*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.

18. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018, November). *Factors predicting unmet supportive care needs among adult cancer patients*. Paper presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
17. Pettigrew, J., Razzante, R., Lu, Y., Allsup, J. D., & **Ray, C. D.** (2018, August). *Challenging sustainability for school-based prevention in a lower-middle income country*. Paper presented at the First Conference of the Brazilian Association for Research on Prevention and Health Promotion (BRAPEP), Brasília, Distrito Federal, Brazil.
16. **Ray, C. D.** (2017, November). *The effects of relational closeness on cancer patients' perceptions of negative face threats and subsequent responses to emotional support messages*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
15. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2017, November). *Breaking the rules?: Why people choose not to provide emotional support to others*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
14. **Ray, C. D.**, Veluscek, A. M., & Duggan, A. (2017, November). *Nonverbal indicators of cancer patients' turning points in identity and treatment trajectories*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
13. Floyd, K., **Ray, C. D.**, Generous, M. A., van Raalte, L. J., & Stein, J. B. (2017, November). *Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
12. Kim, H., **Ray, C. D.**, & Veluscek, A. M. (2017, November). *Complementary support from facilitators and peers for promoting mHealth engagement and weight loss*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
11. Pettigrew, J., Li, C., & **Ray, C. D.** (2017, November). *Developing and testing Dale se REAL: Drug and violence prevention in Nicaragua, Central America*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
10. Pettigrew, J. P., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2017, September). *Centralizing the mesosystem for intervention message effectiveness: Introducing a social interface model*. Paper presented at the annual meeting of the European Society for Prevention Research, Vienna, Austria.
9. **Ray, C. D.**, & Veluscek, A. M. (2017, February). *Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer*. Paper presented at the annual meeting of the Western Communication Association, Salt Lake City, UT.

8. **Ray, C. D.** (2016, December) *Reasons for not communicating emotional support to personal contacts with cancer*. Presented at the Arizona State University Institute for Social Science Research Poster Competition, Tempe, AZ.
7. **Ray, C. D.,** & Veluscek, A. M. (2016, November). *The experience and outcomes of receiving unwanted social support: A study of recently diagnosed cancer patients*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
6. **Ray, C. D.** (2016, November). *The provision decision model: Understanding supportive interactions from the provider's perspective*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
5. **Ray, C. D.,** & Framer, M. W. (2016, July). *The effects of sacred matters on perceived support gaps in romantic relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
4. Floyd, K., & **Ray, C. D.** (2015, November). *Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
3. Stein, J., **Ray, C. D.,** & Framer, M. W. (2015, November.) *"But you say he's just a friend." Friends with benefits relationships versus exclusive relationships: A relational turbulence perspective*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
2. **Ray, C. D.,** & Fox, W. (2013, November). *Use of Spanish phrases by political candidates and the effects on source credibility*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.
1. **Ray, C. D.** (2013, November). *The narrative paradigm applied to Julian Castro's Democratic National Convention keynote address*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.

TEACHING EXPERIENCE

GRADUATE SEMINARS

Issues in Communication (forthcoming fall 2023: University of Tampa; face-to-face)
Research in Relationships (LSU; face-to-face)
Interpersonal Communication: Social Support (LSU; face-to-face)
Relational Communication (SDSU; face-to-face; online)
Nonverbal Communication (SDSU; online)

UNDERGRADUATE COURSES

Speech for Business and the Professions (coming fall 2023: University of Tampa; face-to-face)
Interpersonal Communication (LSU; face-to-face)
Communication Research (LSU; face-to-face)
Communication Capstone (SDSU; face-to-face; online)
The Dark Side of Communication (SDSU; face-to-face)
Investigating Communication (SDSU; online)
Health Communication (SDSU; online)
Training and Development (ASU; online)
Communication in the Family (ASU; face-to-face)
Quantitative Research Methods (ASU; face-to-face and online)
Conflict and Negotiation (ASU; face-to-face)
Relational Communication (ASU; face-to-face)
Advanced Research Methods (ASU; face-to-face and online)
Fundamentals of Human Communication (TXST; face-to-face and hybrid)

COURSES ADAPTED TO AN ONLINE FORMAT FOR SUMMER AND WINTER SESSIONS

COMM 495: Communication Capstone (SDSU)
COMM 350: Investigating Communication (SDSU)
COMM 245: Interpersonal Communication (SDSU)

COURSES TAUGHT: TEACHING ASSISTANT

COMM 608: Multivariate Statistical Analysis (ASU; face-to-face)
COMM 312: Conflict and Negotiation (ASU; face-to-face)
COMM 259: Business and Professional Communication (ASU; hybrid)
COMM 230: Small Group Communication (ASU; face-to-face)
COMM 3330: Empirical Research Methods (TXST; face-to-face)
COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)

GRADUATE STUDENTS SUPERVISED

5. Lindsay Duede (LSU; 2021-2023). Thesis Title: *Social support experiences of Attention-Deficit/Hyperactivity Disorder (ADHD) Adults*. Defended March 2023. Now a doctoral student at Louisiana State University.
4. Rebecca James (SDSU; 2020-2021). Thesis Title: *Native Spanish Speakers' Perceptions of Support Messages Received in Spanish and English*. Defended: March 2021. Former doctoral student at UC–Santa Barbara.

3. Courtney Meissner (SDSU; 2019-2020). Thesis Title: *The Significance of Perceived Support: A Quantitative Study of Support Deprivation Experienced by Single Parents Compared to Partnered Parents*. Defended: March 2020.
2. Pia de los Reyes (SDSU; 2019-2020). Thesis Title: *The influence of Expressive Writing on Quality of Pursuit and Provision of Social Support*. Defended: March 2020.
1. Christopher Otmar (SDSU; 2018-2019). Thesis Title: *The Influence of Interpersonal Patterns of Forgiveness on Relational Resilience*. Defended March 2019. Now a doctoral candidate at UC-Santa Barbara.

DOCTORAL DISSERTATION COMMITTEE MEMBER

1. Christine Swartz (LSU, Manship School of Mass Communication; 2022–2023). Dissertation Title and Defense Date TBD.

MASTERS THESIS SECOND READER

4. Nicolas Oakey-Frost (LSU, Department of Psychology; 2022–2023). Thesis Title: *The Collaborative Assessment And Management Of Suicidality As A Single Session Intervention For Patients Admitted To Inpatient Psychiatric Care For Suicidal Thoughts And Behaviors*. Defended Spring 2023.
3. Andrea Sanchez (SDSU, School of Communication; 2020–2021). Thesis Title: *Traversing Consent Conversations*. Defended Summer 2021.
2. Sol Bukin (SDSU, Department of Psychology; 2020–2021). Thesis Title: *Information Communication Technology Demands and Fatigue: The Moderating Effects of Personality Traits*. Defended March 2021.
1. Chandler Spahr (SDSU, Department of Psychology; 2019–2020). Thesis Title: *Relationship Quality and Racial Composition of Roommates: Effects on Cardiovascular and Psychological Outcomes*. Defended April 2020.

COMPREHENSIVE EXAM COMMITTEES

Andrew Anderson (SDSU; 2020–2021)
Michael Barnes (SDSU; 2020–2021)
Laura Horton (SDSU; 2019–2020)
Ainsley Escobar (SDSU; 2019–2020)
Brianna Avalos (SDSU; 2018–2019)
Aaron Dellefield (SDSU; 2018–2019)
Kevin Roberts (SDSU; 2018–2019)

UNDERGRADUATE HONORS STUDENTS ADVISED

1. Michael Morrissey (ASU; 2016). Honors Thesis Title: *Bitcoin: How Benefit and Cost Shape the Adoption of Virtual Currency*.

UNDERGRADUATE RESEARCH ASSISTANTS SUPERVISED

4. Emily Parker (SDSU; 2019): Funded by University Grants Program and Summer Undergraduate Research Program. Completed masters at University of Essex; Currently a doctoral student at University of California, San Diego.

3. Alec Valenzuela (SDSU; 2019): Funded by the National Cancer Institute's program *Creating Scientists to Address Cancer Disparities*

2. Nicole Dies (SDSU; 2019): Earned a Research Apprentice Certificate through volunteer laboratory work. Attended masters program at University of San Diego following undergraduate degree.

1. Victoria Mudd (SDSU; 2018): Earned a Research Apprentice Certificate through volunteer laboratory work. Attended masters program at George Mason University following undergraduate degree.

INVITED LECTURES

16. *The Story Behind Affection Exchange Theory and Major Findings from Two Decades of Research*. Presentation to Baylor University, Communication Theory and Methods Graduate Seminar (Spring 2023).

15. *Nonsupport*. Presentation to University of Washington, Interpersonal Communication Graduate Seminar (Fall 2022).

14. *Practical Tips for Professional Networking at Conferences and Throughout Your Graduate Studies*. Presented to Arizona State University, Grant Writing Course (Fall 2022).

13. *Affection Exchange Theory: Origins and Future Opportunities*. Presented to Rutgers University, Family Communication Undergraduate Course (Fall 2022).

12. *Developing Your Leadership Style During Interpersonal Conflict*. Presented to Purdue University's Office of Graduate Diversity Initiatives (Spring 2022).

11. *Navigating the Job Market as a Graduate Student*. Panel presentation for the graduate students of Pennsylvania State University's Department of Communication Arts and Sciences (Spring 2022).
10. *Communication and Biology*. Presented to University of Washington, Methods of Inquiry (Spring 2019).
9. *How (and Why) You Should Write Love Letters*. Presented to the Residents of the Cuicacalli Suites at San Diego State University (Spring 2019).
8. *Evolutionary Perspectives on Communication Research and Social Support*. Presented to San Diego State University, COMM 601–Seminar in Theory and Research Methods (Fall 2018).
7. *Theorizing About the Dark Side of Social Support in the Cancer Context*. Presented to University of Arizona, COMM 669–Theories of Health Communication (Fall 2018).
6. *Cognitive Biases and Evaluations of Support Messages*. Presented as a Colloquium for the School of Communication at San Diego State University (Fall 2018).
5. *Are Your Support Messages Really Helping People with Cancer?* TED Talk Recorded at TEDxTexasStateUniversity (Fall 2016).
4. *Programmatic Research Focused on the Dark Side of Social Support in the Cancer Context*. Presented as a Colloquium for the Hugh Downs School of Human Communication at Arizona State University (Fall 2016).
3. *Stress, Anger, and the Body*. Arizona State University, COMM 312–Conflict and Negotiation (Fall 2014).
2. *Celebrating Dr. Steven Beebe's Tenure as Department Chair*. Presented to Texas State University at the "Beebe 101" Retirement Celebration (Spring 2014).
1. *7:03 Moments: Creating Meaning in Your Life Through Acts of Kindness Toward Others*. Presented to Incoming Freshmen Students at Texas State University's Cat Camp (Fall 2013).

CREATOR AND FACILITATOR ROLES IN COMMUNICATION AND LEADERSHIP TRAININGS

- *Empathic Listening and Presence*: Empathy Bootcamp, LLC (Spring 2021)
- *Empathy and Communication*: Empathy Bootcamp, LLC (Fall 2020)
- *Being a Leader Workshop*: The Transformation Project at Arizona State University (Fall 2014)
- *Hospital Management Communication Retreat*: Central Texas Medical Center (Spring 2014)
- *Overcoming Listening Barriers*: Texas State University Leadership Conference (Spring 2014)

- *Teaching and Learning Academy*: Department of Communication Studies, Texas State University (Fall 2013)
- *Balancing Work and Life When You Have Too Much Work*: San Jacinto Hall Council at Texas State University (Fall 2012)
- *Managing at Texas State*: Texas State University Human Resources (Fall 2012)
- *Associated Student Government Retreat*: Texas State University's Associated Student Government (Fall 2010)

PARTICIPATION IN PEDAGOGICAL TRAININGS

- *Flexible Course Design Summer Institute* (Summer 2020)
- *LGBTQ+ Ally Training*, San Diego State University (Fall 2019)
- *Student-Centered Formative Assessment*, San Diego State University (Fall 2019)
- *UndocuALLY Training*, San Diego State University (Spring 2019)
- *Military Ally Training*, San Diego State University (Fall 2018)
- *Masterclass in Online Pedagogy*, Arizona State University (Spring 2018)
- *New Graduate Instructor Orientation*, Arizona State University (Fall 2014)
- *Teaching and Learning Academy*, Texas State University (Fall 2012)
- *LGBTQ+ Ally Training*, Texas State University (Fall 2010)

IN THE POPULAR PRESS

- Red Rock Relationships Podcast (August 2022). Season 5, Episode 1, "Relationship Health."
- Harvesting Happiness (April, 2022). Featured Guest on Podcast Hosted by Lisa Cuypers Kamen
- Make It Mentionable (November 2, 2021). Featured Guest on Podcast Hosted by Alyssa Patmos
- Stupid Cancer (July 27, 2021). Webinar Panelist for "When Friends Say Exactly the Wrong Thing"
- b-Present (July 21, 2021). Panelist for "It's a Two-Way Street: Why Good Communication Matters"
- Facebook Live, Sponsored by 1-800-FLOWERS (June 19, 2021). Featured Guest for Interview with Rebecca Soffer, Founder of Modern Loss
- USA Today (April 30, 2021). India is in crisis. Showing more empathy is the least we can do.
- The Telegraph (February 12, 2021). I'm one of the super-lonely suffering from skin hunger.
- Red Rock Relationships Podcast (February 2021). Season 2, Episode 4, "Lean on Me."
- The Guardian (May 21, 2020). I desperately miss human touch. Science may explain why.

SERVICE

SERVICE TO PROFESSIONAL ORGANIZATIONS & THEIR CONFERENCES

- Chair-Elect, WSCA's Interpersonal Division Interest Group (2023-2024; To Serve as Chair in 2024-2025)
- IARR Future Conference Committee Member (2020–2024)
- Pre-Conference Discussion Leader, NCA Health Communication Division (2022)
- Reviewer for the NCA/ICA Health Communication Division Dissertation & Thesis Awards (2020)
- Secretary and Executive Board Member of the National Communication Association's Health Communication Division (2018–2020)
- NCA Health Communication Division Mentoring Program Participant (2020).
- Legislative Assembly Representative for San Diego State University at the annual meeting of the Western States Communication Association (2019)
- Secretary of the WSCA's Health Communication Interest Group (2015–2017)
- Conference Paper Reviewer (2014–Present)
 - National Communication Association's Health Communication Division (2017–2020)
 - Western States Communication Association's Health Communication Interest Group (2015–2018)
 - Western States Communication Association's Interpersonal Communication Interest Group (2018–2019; 2021–2022)
- Conference Panel Chairperson
 - National Communication Associations Interpersonal Communication Division (2018; 2019)
 - National Communication Association's Health Communication Division (2020)
 - Western States Communication Association's Interpersonal Communication Interest Group (2023)
 - Western States Communication Association's Health Communication Interest Group (2017)
 - International Association for Relationship Research (2015, 2023)

SERVICE TO PEER-REVIEWED JOURNALS

- Editorial Board Member for *Journal of Social and Personal Relationships* (2020–Present)
- Editorial Board Member for *Communication Research Reports* (2018–Present)
- Ad hoc reviewer for *Human Communication Research* (2023)
- Ad hoc reviewer for *Personality and Individual Differences* (2023)
- Ad hoc reviewer for *Interpersona* (2023)
- Ad hoc reviewer for *Communication Research* (2022)

- Ad hoc reviewer for *Western Journal of Communication* (2021)
- Ad hoc reviewer for *Health Communication* (2019; 2023)
- Ad hoc reviewer for *Communication Monographs* (2019; 2015)
- Ad hoc reviewer for *Journal of Social and Personal Relationships* (2019; 2015)

SERVICE TO LOUISIANA STATE UNIVERSITY

- Equity and Justice Departmental Committee Member (2022–2023)
- Director of Departmental Colloquies (2022–2023)
- Search Committee for Tenure-Track Performance Studies Assistant Professor (2022–2023)
- Search Committee for Tenure-Track Interpersonal Communication Assistant Professor (2022)
- College of Humanities and Social Sciences Faculty Senate (2021–2023)
- Graduate Admissions Committee, Department of Communication Studies (2021–2023)

SERVICE TO SAN DIEGO STATE UNIVERSITY

- Cancer Research Group Steering Committee (2019–2021)
- Faculty-in-Residence (2019–2021)
- Chair of the School of Communication Scholarship Selection Committee (2019–2020)
- Member of the College of Professional Studies & Fine Arts Scholarship Selection Committee (2019–2020)
- Course Coordinator - COM 245: Interpersonal Communication (2018–Present)
- College Core Scholarship Committee (2019)
- Faculty Chair of the School of Communication Annual Awards & Alumni Celebration (2019)
- Explore SDSU Information Booth Volunteer (2019)
- Student Success Fee Committee (2018)

SERVICE TO ARIZONA STATE UNIVERSITY

- Doctoral Program Recruitment Liaison (2014–2016)

SERVICE TO TEXAS STATE UNIVERSITY

- Basic Course Administrator for COMM 1310: Fundamentals of Human Communication (2013–2014)
- Student Body Vice President (2010–2011)
- Vice Chairperson of the Student Advisory Board to the Texas State University System Board of Regents (2010–2011)

SERVICE TO THE PUBLIC

- b-Present Foundation: Volunteer & Workshop Facilitator (2021–Present)
- Singleton Moms Home Delivery of Groceries and Food to Single Mother with Cancer (2015–2018)

PARTICIPATION IN PROFESSIONAL ORGANIZATIONS

- National Communication Association (2012–Present)
- International Association for Relationship Research (2015–Present)
- Western States Communication Association (2015–Present)
- Texas Speech Communication Association (2013–2014)

HONORS & AWARDS

LOUISIANA STATE UNIVERSITY

- Top Paper: Western States Communication Association Interpersonal Division (2022)

SAN DIEGO STATE UNIVERSITY

- Top Paper: Western States Communication Association Interpersonal Division (2020)

ARIZONA STATE UNIVERSITY

- Nominated for Outstanding Graduate Student: College of Liberal Arts and Sciences (2018)
- Outstanding Graduate Researcher: Hugh Downs School of Human Communication (Awarded 2017, 2018)
- Continued Excellence in Teaching Award: Graduate and Professional Student Association (2017)
- Knowledge Mobilization Impact Award for Research (\$500): The ASU Graduate College (2017)
- Teaching Excellence Award: Graduate and Professional Student Association (2017)
- Outstanding Mentor Award: Graduate and Professional Student Association (2016)

TEXAS STATE UNIVERSITY

- Department of Communication Studies Outstanding Graduate Student (2014)
- Texas State University Man of the Year (2011)
- School of Journalism and Mass Communication Ralph J. Harrell Outstanding Senior (2011)
- Finalist, Lyndon B. Johnson Outstanding Senior (University-wide award; 2011)