INTERFAITH HARMONY WEEK

Urban Bush Women Dance Performance, Saturday, March 29, 7 p.m., Sykes Chapel and Center for Faith and Values. The Urban Bush Women is a dance company of women of color based in Brooklyn, NY. The company has two foci: a performing company and a leadership institute that aids in leading and implementing programs of community engagement.

The Power of Pause, Monday, March 31, 7–9 p.m., Sykes Chapel and Center for Faith and Values. Terry Hershey, author of The Power of Pause, will speak about the wisdom of slowing down and taking an intentional Sabbath moment to regain emotional and spiritual balance to find the sacred in every single day.

This I Believe, Wednesday, April 2, 7 p.m., Reeves Theater. A freedom of expression open mic night emphasizing three key areas: character building, spiritual development and understanding of world cultures and religions. Participants will present a creation (poem, art, video, music) that embodies some aspect of the three key areas of focus.

Speed Faithing, Thursday, April 3, 7 p.m., Vaughan Center, 9th Floor. Come to learn about the beliefs of different faiths through a series of informative sessions in an informal setting.

BOOK CLUBS

Please register at www.ut.edu/spiritual and pick up books on the 2nd floor of the Dickey Health and Wellness Center by Feb. 15. Book club dates will be determined by participant schedules.

The Power of Pause by Terry Hershey

In The Power of Pause, Hershey uses powerful stories and meditations, inspiring quotes and a specific call to action at the end of each chapter to help us understand the profound value of slowing down in our daily lives and taking time for the truly important things. We will learn how to take back the life God always intended for us to have by letting go of the things that keep getting in our way.

The Power of Witnessing edited by Nancy R. Goodman and Marilyn B. Meyers

Witnessing comes in as many forms as the trauma that gives birth to it. The Holocaust, undoubtedly one of the greatest traumatic events in recent human history, still resonates into the 21st century. The echoes that haunt those who survived continue to reach their children and others who did not share the experience directly. In what ways is this massive trauma processed and understood, both for survivors and future generations?

SPIRITUALITY AND FILM SERIES

Blue Like Jazz, Friday, March 21, 8 p.m., Reeves Theater.

Based on the best-selling book by Donald Miller, a 19-year-old sophomore tries to escape his Bible Belt upbringing for the most godless campus in America.

FRIDAY CONCERTS

The Sykes Chapel and Center for Faith and Values will host organ demonstrations/recitals once a month at noon on Feb. 14, March 7, April 11, May 2. These 30 minute “informances” will feature UT music students and faculty demonstrating the Blüthner grand piano and the 58-stop Dobson Pipe Organ. Free and open to the public.

RETREATS AND SPECIAL PROGRAMS

Student Luncheon with Martina Emme, Thursday, Jan. 23, Noon, Plant Hall, Fletcher Lounge. Martina Emme, a descendant of a Nazi officer, founded One by One, an organization that brings together groups of descendants of Holocaust survivors and of the Nazis to facilitate dialogue. Learn about the reconciliation process and a better future for all. RSVP required by contacting the Dickey Health and Wellness Center at 257-1877. Sponsored by The Dean’s Initiative.

Interfaith Weekend Retreat, Saturday and Sunday, April 12–13, Dayspring Retreat Center. Join us for our first overnight interfaith retreat as we take time for reflection and rejuvenation. Open to all students. For more information contact the Dickey Health and Wellness Center at wellness@ut.edu.

Faculty and Staff Capacity Building Workshop, Thursday, April 24, 11:30–1 p.m., Sykes Chapel Center for Faith and Values, Room 107. Join us for an update on faith, values and spirituality at UT and a roundtable discussion on how to get involved. Snacks provided.

COMMUNITY CONVERSATIONS

Meets three times February–April, Noon–1 p.m. Connect with others by engaging in discussions on meaningful topics. All participants receive a free lunch in Panache at the first meeting in February. Learn more and register by Feb. 7 at www.ut.edu/spiritual or pick up a registration form on the 2nd floor of the Dickey Health and Wellness Center.

FAITH SERVICES

Love Rocks! Interfaith Service, Wednesday, Feb. 12, 7 p.m., Sykes Chapel and Center for Faith and Values. An evening of love shared through the lens of faiths from around the world. Special guest speakers of differing religions and beliefs talk about the topic of love from our creator and for each other.

Ash Wednesday Mass, Wednesday, March 5, Noon, Sykes Chapel and Center for Faith and Values. Roman Catholic Mass in the chapel beginning the Lenten season. Sponsored by Catholic Student Organization.

Interfaith Graduation Celebration, Friday, May 9, 4 p.m., Sykes Chapel and Center for Faith and Values. Together we will celebrate those that are graduating from UT. Join us as we lift them up in prayer. Included in the service will be graduating seniors sharing their gifts of music, dance and voice and an invited speaker.

MEDITATION, YOGA AND LABYRINTH EVENTS

Qigong, every Monday beginning on Jan. 27, Noon–12:45 p.m., Sykes Chapel and Center for Faith and Values. Led by Steven Geisz, chair/associate professor of philosophy. Qigong is Chinese yoga that uses low-impact exercises drawn from Daoism, Buddhism, traditional Chinese health practices and the Asian martial arts traditions. Wear comfortable, loose-fitting clothing if you can, but come as you are. Labyrinth Presentations provided upon request. Additional meditation, yoga and labyrinth events will be scheduled throughout the semester.