

**Benson Alex Riseman**  
**Aquatic Center Lifeguard (LG)**  
**Job Description**

**Function:**

The Riseman Aquatic Center (RAC) Lifeguard Staff is a safety and service-oriented unit responsible for the daily operations of the RAC, including the opening and closing duties, zone surveillance of members and students, and general monitoring of the entire facility. Lifeguards will ensure the proper use of the RAC, the safety/ well-being of patrons, and compliance with the RAC Rules.

Lifeguards are responsible for the proper operation of the RAC on weekdays from 9:00AM to 9:00PM, on Saturdays from 1:00PM to 5:00PM, and Sundays from 1:00PM to 9:00pm. These time guidelines do not include special events which lifeguards will also be responsible for maintaining proper operation.

**Qualifications:**

Students in good academic standing with:

- Excellent communication and organizational skills.
- American Red Cross Lifeguard basic level certification.
- Ability to pass a skills assessment as a part of the interview process.
  - 300 swim – approach strokes (front crawl or breaststroke)
  - Brick dive
  - 2-minute tread
  - 1:30 extrication (passive submerged victim) followed directly by 3:00 one rescuer CPR
- One-year experience in lifeguarding is preferred.

**Responsibilities:**

- Supervises swimming activities at the aquatics facility and ensures that policies, guidelines, and safety procedures are followed.
- Constant Surveillance of the water and the pool deck as long as a patron is on the pool deck.
- Performs necessary rescues when a patron is in need according to the American Red Cross Lifeguarding guidelines.
- Warns swimmers of improper activities or danger and enforces pool regulations and water safety policies.
- Administers first aid in the event of injury, rescues swimmers in distress or danger of drowning, and administers CPR and/or artificial respiration, if necessary.
- Evaluates conditions for safety and initiates aquatics emergency action plan as required.
- Inspects pool facilities, equipment, and water to ensure that they are safe and usable.
- Supervises and assists in cleaning the pool and related facilities and equipment, assists with water chemistry tests/ records, incident reports, and adds chemicals to pool water as directed.
- Perform opening and closing duties, including the arrangement of furniture, clearing of pool deck, and locking of all doors and gates.
- Engage in ongoing trainings and in-service to ensure skills are properly practiced.
- Perform other duties as assigned.

**Commitment:**

This position requires a minimum of one shift per week and a maximum of 20 hours per week. Beginning and ending dates to be determined by the Associate Director for Aquatics and Safety (AD). Attendance at all training activities, in-services, and orientations is required. Orientations will typically be held the Saturday and Sunday evening prior to the start of each semester In-services will be held two weeks out of each month and guards will have the ability to choose between two days (Sun or Wed) for each in-service.

**Supervision Received:**

Lifeguards will report to the AD and to the Head Guard when the AD isn't present.

**Educational Opportunities:**

Leadership, organization, communication skills, crisis management, life-saving skills, problem solving skills, etc.

**Requirements:**

Maintenance of American Red Cross lifeguarding certification, completion of weekly 300 swim using one of the approach strokes (breaststroke, freestyle), attendance at all in-service trainings and orientation trainings