

Benson Alex Riseman Fitness and Recreation Center General Policies

The following rules and regulations governing the use of all recreational facilities at the Benson Alex Riseman Fitness and Recreation Center ("Fitness Center") have been created to provide equal opportunity, safety, and protect the rights of each participant. As a member of the University of Tampa community and patron of the facility, you have a responsibility to understand and abide by these guidelines. To ensure everyone's safety, staff members will enforce the following usage policies. Failure to abide by any of the following may result in revocation of privileges to the facility and referral to the Office of Student Conduct.

1. The University of Tampa Student Code of Conduct is enforced at all times. Significant incidents or repeated abusers will be referred to the Office of Student Conduct. Sanctions may include but are not limited to: removal from the facility, revoking of membership privileges, student disciplinary actions, and civil prosecutions.
2. Use of the Fitness Center is a privilege. Patrons are expected to treat the facilities, equipment, fellow patrons, and staff members with respect.
3. There is risk of personal injury in all physical activity. Be aware that participation is voluntary. Patrons are encouraged to get a physical exam prior to engaging in vigorous exercise. This is particularly important if the patron has a special condition which may increase their risk of activity related injury. Patrons assume responsibility for risks resulting in injury during physical activity. Patrons should report any incidents, injuries, or facility/equipment malfunction to the fitness center staff on duty immediately.
4. All patrons are required to present a valid Spartan ID card for entry and re-entry into the Fitness Center, as defined in the Identification policy of the Student Code of Conduct.
5. General access into the facility may be limited or restricted during intersession, holiday breaks, special reservations or rentals.
6. Access into the facility is only available during designated periods when Campus Recreation staff is present. Any unauthorized use is considered trespassing.
7. All users must be at least 16 years of age.
8. To purchase a guest pass, a valid patron of the facility must be present with the guest at the time of the transaction. The patron assumes responsibility for the behaviors and actions.
9. Athletic attire including tops, bottoms, and close toed athletic shoes are required. Clothing should be free of buttons, zippers, rivets or anything that may damage equipment.
10. The Office of Campus Recreation is not responsible for lost or stolen property. Personal items cannot be left at the front desk and should be stored in available lockers or be kept on the patron's person at all times. Items that are determined to be a hazard or disruptive will be required to be removed.
11. Food, including gum, is prohibited on the fitness floor. Beverages are allowed on the fitness floor but must be in a sealed container; disposable cups are prohibited.

12. Alcohol, illegal drugs, tobacco, weapons, and animals are prohibited in the facility. Service animals are exempt from this
13. Patrons are required to wipe down equipment after use.
14. Equipment is available for checkout with a valid Spartan ID card. Equipment checkout privileges may be revoked if misuse occurs. Patrons who fail to return checked-out equipment by facility closing time will be charged a replacement fee. If a patron does not pay for the damaged or lost equipment, their membership or guest privileges will be revoked until payment has been received.
15. Patrons are prohibited from removing any fitness equipment from the facility
16. The use of photography and/or film equipment (tripods, stands, etc.) is prohibited within the facility unless approval is provided by Campus Recreation Staff.
17. It is strictly prohibited to take photos, videos, or other forms of media of individuals without their explicit consent. Patrons have the right to decline and/or withdraw their consent at any time. Patrons taking photos, videos, or other forms of media cannot cause a disruption or nuisance to others. Violations of this policy are at the discretion of Campus Recreation Staff. Violators may be asked to put their device away or leave the facility.
18. Personal Training sessions conducted by anyone other than UT Fitness Center Personal Training staff is strictly prohibited.

Fitness Floor Policies

1. Dropping or slamming weights is prohibited. Patrons should control the weight on the descent and not drop from above the knee. Dropping from knee height or below is permitted while on inlaid platforms on first floor
2. Free weights are required to remain in their designated areas and may not be brought into other areas of the facility. Patrons must return bars/weights to their designated location after use.
3. Loose chalk is prohibited. Any chalk used must be in sticky, tacky or liquid form.
4. Utilization of equipment for usage other than its intended purpose is prohibited. Patrons are prohibited from altering equipment.
5. Spotters are recommended at all free weight press stations. Please see Fitness Center Staff for assistance.
6. Utilization of collars during barbell use is required.

Studio Policies

1. Cell phone use during classes is prohibited.
2. Users are required to wipe down all equipment and mats after use.
3. Required footwear is at the discretion of the instructor
4. Use of indoor cycling studio outside of a scheduled class with certified instructor supervision is prohibited.
5. It is strictly prohibited to take photos, videos, or other forms of media during classes.