



The Focus2 is a great way to get a general idea of majors and careers of interests. This assessment does not include every major and career that exists, however the results can get you thinking of ideas, and generate information that gives you an idea of work environments, skills, and tasks that compliment who you are. For a fuller experience, click through the power point presentation at before you complete the assessment.

## HOW TO ACCESS FOCUS 2:

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1. Go to: <https://www.focus2career.com/Portal/Login.cfm?SID=1165>

### **NEW USERS:**

To create an account, Click on the **Register** button

Complete the registration details and confirm your account by clicking **Continue** at the bottom of page.

Access Code: **gateways**

### **RETURNING USERS:**

Type the user name and password you used when the account was created. If you forgot your password, click on **Forgot password?**

Access Code: **gateways**

## Once you have created your account and logged in:

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1. Click on **My Career Planning Readiness** and complete assessment.
2. In the **Self Assessment** section, complete all five assessments:
  - Work Interest Assessment
  - Values Assessment
  - Personality Assessment
  - Skills Assessment
  - Leisure Assessment
3. Click **Results** in each assessment box to learn what your results mean.
4. Click the **Combine Assessments** box to see a comprehensive list of majors/careers that correspond with the combined results of your assessments.
5. In the **Explore the Possibilities** section you can research what you can do with your UT major, explore occupations, and compare two occupations of interest side by side.
6. In the **Take Action** section use the My Education and My Professional Development tools to track your activities and use for discussion with your career coach.

## Reviewing your results and next steps:

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Major and Career exploration is a process that includes an assessment like Focus2, but for most people there is more to the process. We highly recommend meeting with a Career Coach in the Office of Career Services for a more in-depth discussion of your Focus2 results, as well as a longer conversation about your exploration process.

**Career Exploration appointments can be requested online at: [ut.edu/career](http://ut.edu/career)**

**Additional resources are available at: [ut.edu/career/exploration](http://ut.edu/career/exploration)**

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