

The Focus2 is a great way to explore ideas for majors and careers of interests. This assessment does not include every major and career that exists, however the results can get you thinking of ideas, and generate information which provides insight about work environments, skills, and tasks that compliment who you are.

HOW TO ACCESS FOCUS 2:

1. Go to: <https://www.focus2career.com/Portal/Login.cfm?SID=1165>

NEW USERS:

To create an account, Click on the **Register** button

Complete the registration details and confirm your account by clicking **Continue** at the bottom of page.

Access Code: **gateways**

RETURNING USERS:

Type the user name and password you used when the account was created. If you forgot your password, click on **Forgot password?**

Access Code: **gateways**

Once you have created your account and logged in:

1. In the **Self Assessment** section, complete all five assessments:
 - Work Interest Assessment
 - Values Assessment
 - Personality Assessment
 - Skills Assessment
 - Leisure Assessment
2. Click **Results** in each assessment box to learn what your results mean.
3. Click the **Combine Assessments** box to see a comprehensive list of majors/careers that correspond with the combined results of your assessments.
4. In the **Explore the Possibilities** section you can research what you can do with your major, explore occupations, and compare two occupations of interest side by side.
5. In the **Take Action** section use the My Education and My Professional Development tools to track your activities and use for discussion with your career coach.

Reviewing your results and next steps:

Major and Career exploration is a process that can include results from Focus2, and for most people there is more to the process. We highly recommend meeting with a Career Coach in the Office of Career Services for a more in-depth discussion of your Focus2 results, as well as a longer conversation about your exploration process. **Career Exploration appointments can be requested online at: ut.edu/career**

EXPLORE

EXPERIENCE

ACHIEVE