For Parents and Families:
Supporting Your Safe and Healthy University of Tampa Student

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University of Tampa
YOU MADE IT!!!
We want your student to succeed!

We need your help
Today’s Goals

• **TO GET YOUR SUPPORT!**
  To enlist parental/family support for the University of Tampa’s policies that are designed to keep students safe and reach their potential.

• **OFFER SUGGESTIONS**
  How parents/family members can assist students in making healthy/safe choices while a student at the University of Tampa.
Today’s Goals

• **THE OLD DAYS ARE GONE!**
  To understand that college drinking is different now than it was when we were in college.

• **LEARNS THE POLICIES**
  To inform parents of the University of Tampa’s policies and sanctions regarding alcohol and other drug issues.

• **GIVE YOU RESOURCES**
  To inform parents of resources available to them and their students.
Health and Safe Students at UT

• The University of Tampa is here to support whole-person development
  • Physical
  • Intellectual
  • Emotional
  • Social
  • Spiritual

Interconnected

www.ut.edu
Healthy and Safe Students at UT

• Staying “Well” can be pretty tough for busy college students, yet it is VITAL to their success.

Please Consider:

Taking emotional issues seriously; encourage your student to talk with someone if necessary.

Touting the benefits of good sleep
Healthy and Safe Students at UT

• Please Consider:
  
  Sending Healthy Snacks

  Encouraging Community Service

  Suggesting Ways to Work Physical Activity Into Their Schedule.

www.ut.edu
Academic and Financial Well-Being

Financial

Work together to set up a budget

Set limits if you provide a credit card

Encourage student to watch for scholarships or other financial aid
Academic and Financial Well-Being

- Academic
- Express your confidence in their abilities
- Don’t rush or push your student into a major
- Allow your students to try and solve their own problems
The #1 Student Health problem?
THE UNIVERSITY OF TAMPA

The #1 Student Health problem?

High-Risk Alcohol Use
Things Today are DIFFERENT

• When we went to college, the typical college was a “safe haven” for alcohol use/some modest drug use.

• Discipline regarding alcohol /minor drug issues was extremely rare.
Things Today are DIFFERENT

• The law no longer allows for this:
  
  – Congress has passed a law to make it possible for students to lose their financial aid if convicted of any drug related offense.
  
  – Getting caught with a fake ID used to be a hand slap...now it’s a felony
Things Today are DIFFERENT

• Students are abusing alcohol more than ever before.

Recent surveys have shown that 52% of today’s college students drink solely to get intoxicated.
Current Picture

• National Binge Drinking Rates have increased (Currently at 46%)

• Good news: UT’s rates have declined and are below the national average (44%)
Things Today are DIFFERENT

• There are dangerous rituals and traditions that risk lives such as:
  – Power hour/The Century Club
  – Flip cup
  – 21 for 21
  – Drinking games, such as beer pong
Things Today are DIFFERENT

- College students are BIG BUSINESS.
  - The alcohol beverage industry makes approximately $21.5 BILLION selling to underage drinkers.
Things Today are DIFFERENT

• College students are BIG BUSINESS.
  – Area bars heavily market to our students with specials like:
    • Women drink free!
    • All you can drink for $10.00
    • Bladder Busters
    • Kill the Keg
Factors Encouraging Young People to Drink

• Access and Availability
  
  – Aggressive marketing of alcohol to minors
  
  – Social norms & advertising glamorize the alcohol culture
  
  – Alcohol industry pushes their product integrated into all areas of campus life: sports, holidays, use of free time, official events, entertainment
Factors Encouraging Young People to Drink

- Access and Availability
  - In Florida, 18-20 year olds are permitted in bars
  - Drink Specials...Very low prices or free
Working Hard for Change

• We are working with MADD, Tampa Alcohol Council and Tampa City officials to eliminate bar specials.
• Extensive work is being done to reduce drinking and driving.
  – BAT Mobile
  – Florida had the largest decrease in DUI fatalities in the Nation last year (13%)
Working Hard for Change

• Coalitions

FHE-ASAP

c.a.r.e.

The University of Tampa
Coalition for an Alcohol Responsible Environment
Alcohol and Drug Prevention Program

- Designed to develop a campus culture that encourages low risk behaviors and personal safety around alcohol, tobacco and other drug use.

- Highlights of some of the programs offered are:
  - Smoking policy awareness
  - Task Force
  - Great American Smokeout
  - Tobacco cessation classes
  - Al-Anon and AA support group
It's time for you to begin *The Essentials* course at MyStudentBody.com, UT's online student health program. This course offers you and your family a resource of practical strategies for keeping UT students safe, healthy and happy. *The Essentials* course is a research-based prevention program that addresses alcohol, other drugs, and sexual violence.

It's easy to get started:

- Go to [MyStudentBody.com](http://www.mystudentbody.com)
- Log in as a new user
- Use the student code `tampaspartan` to set up your account

Remember: you must complete this course prior to attending Orientation in the fall. This course is a requirement of the Dean of Student’s Office. For more information visit [www.ut.edu/mystudentbody](http://www.ut.edu/mystudentbody).

**Time to Get Started!**

[www.mystudentbody.com](http://www.mystudentbody.com)

Create your own account

use school code: spartanparent
Alcohol and Other Drug

- National Alcohol Screening Day
- Alcohol Awareness Week
- Designated Driver and Taxi Cab Resource Cards
- Home Safe Cards
- Gasparilla, Guavaween and St. Patrick’s Day safety campaigns
- Safe Spring Break Fair and Safe Summer Carnival
- UT Wants You Back Alive pledge drive
- Watch Your BAC campaign
- Natural High Fair
LUCKY SAYS:
FRIENDS DON'T LEAVE FRIENDS.

IF YOU ARRIVE TOGETHER, LEAVE TOGETHER.
Nobody likes to be ditched. So when you're out, don't leave your friends. Know how you're getting home and don't walk home alone late at night... bad things can happen. For more safety tips visit www.ut.edu/safety.
LUCKY SAYS: A LITTLE POT...

CAN BE MORE THAN YOU BARGAINED FOR.

It’s no big deal? You could lose your housing, be sent home or go to jail. Is it worth it? For safety tips, visit www.ut.edu/wellness/resources.
LUCKY SAYS:
STOP. LOOK. LISTEN.

MEET LUCKY
YOUR SAFETY PAL

BE AWARE OF YOUR SURROUNDINGS.
Your text message can wait. Take time to notice what's going on around you. 6.5 million people nationwide have suffered injuries while texting and walking. For safety tips visit www.ut.edu/safety.

Campus Safety (813) 251-5133
LASER Team (813) 257-4515
Tampa Police 911
THE UNIVERSITY OF TAMPA
UT’s Alcohol Policies

- The University of Tampa strictly adheres to state, county and city law.
UT’s Alcohol Policies

• No consuming, selling, giving or serving to anyone under the age of 21.

• Prohibits anyone from misrepresenting or misstating his/her age.

• Prohibits open containers in vehicles, most public venues. Look for signs!

• Prohibits operating a motor vehicle on University property while impaired by alcohol or other drugs.
Tragic Effects of Drinking and Driving

Not everyone who gets hit by a drunk driver dies.
Penalty for a DUI in Florida

- Florida is a NO TOLERANCE State
  
  – If a student is under 21 and gets pulled over with a .02 or greater, his/her license will be suspended for 6 months.
  
  – A refusal to take a breath test will result in a license suspension of 1 year
Penalty for a DUI in Florida

• Minimum penalty/costs of a DUI in Florida are:
  – Costs and fines over $800
  – DUI school
  – Substance abuse screening
  – 50 hours of community service
  – Two 6-12 month driver’s license suspensions; one effective on day of the arrest, the other upon conviction.
  – Expect insurance to be cancelled or the rates to skyrocket!
Penalty for a DUI in Florida

- If you are arrested for a DUI anywhere in the community (on or off campus) you will also have charges from the University and will have to go through the Student Conduct Process.
Fake IDs - Florida law states that possession of any driver’s license or state identification card not lawfully produced by the appropriate governmental agency is a FELONY punishable by 5 years in prison and a $5,000.00 fine.
UT’s Alcohol Policies

- Lending one’s ID to another or using someone else’s ID: punishable up to 60 days in jail, $500.00 fine

- Identifying self to a police officer with a false name and/or ID: punishable up to 1 yr. in jail and $1000 fine.

- A fake ID charge in the community, it is also a violation of university policy.
Students/guests over the age of 21 may consume alcohol in their rooms ONLY in the following halls:

- Kennedy Place
- Straz
- Brevard
- Res Com
UT’s Alcohol Policies

The following halls are DRY residence halls at all times, even for those who are over 21:

- Austin
- Vaughn Center
- Smiley
- McKay
- Hyatt
- Boathouse
- Stadium Center
UT’s Alcohol Policies

• Hosting individuals involved in underage consumption within one’s own hall space constitutes a social host violation, regardless of age.
  ◦ Students who are 21 and hosting, should check ages of all students present and ask those underage to leave.
Open House Parties - Defined as a social gathering at a house, condo, apartment or dwelling unit

- Law: A person in control of house (anyone 18 and over) and who knows alcohol is being used by a person under the age of 21 may be charged with a 2\textsuperscript{nd} degree misdemeanor (punishable by up to $500 fine and 60 days in jail)
UT’s Alcohol Policies

- Drinking outside of Residence Hall rooms is prohibited, even for students 21 and older.
  - No outdoor drinking is allowed on UT’s campus at any time, regardless of age.
UT’s Alcohol Policies

- Students can be found responsible for the presence or consumption of alcohol whether or not they are in the room at the time of violation.
ConstrucTive Possession Policy- Students are cautioned that possession of alcohol can be “constructive”, which exists if students have both:

- **Knowledge** of alcohol in rooms, vehicle or common area
- There is enough OPEN alcohol for them to consume (over a 1-1 alcohol to legal drinker ratio)
UT’s Alcohol Policies

Students can be “constructively possessing” alcohol even if they have not actually consumed any alcohol themselves.
UT’s Alcohol Policies

- Common source containers of alcohol, including, but not limited to:
  - kegs
  - pony kegs
  - beer balls
  - box wines
  - containers greater than 750 ml.
  - mixed alcoholic punch

are prohibited on University Grounds at ANY time, either empty or full (unless it’s a licensed vendor in an approved location), **whether the containers are empty or full**.
UT’s Alcohol Policies

- Intoxication by any student, regardless of age, whether in public or in private, is prohibited. Symptoms of intoxication include:
  - slurred speech,
  - impaired motor coordination and balance,
  - loss of good judgment, or
  - Nausea

- Symptoms of severe intoxication include:
  - inability to walk or stand,
  - loss of consciousness
  - vomiting.
UT’s Alcohol Policies

Devices designed for the rapid high-risk consumption of alcohol are prohibited. These include but are not limited to:

○ funnels
○ beer bongs
○ drinking games
UT’s Alcohol Policies

- Conduct that is disruptive to the community while a student is intoxicated is a violation of the University’s alcohol policy, regardless of age. This may include, but is not limited to:
  - Excessive noise
  - Vandalizing property
  - Abusive or suggestive speech
  - Vomiting
  - Urinating in inappropriate places
  - Inappropriate gestures
Amnesty Policy

• It is in the best interest of students' welfare that persons who overdose or become intoxicated be brought to the attention of medical personnel.

• Any student identified or seeking medical attention for intoxication or alcohol poisoning shall be formally charged for use or underage possession of alcohol.
UT’s Alcohol Policies

- There are more specific policies for student organizations that can be found in the University of Tampa Organization Handbook or on-line at www.ut.edu.
Campus Sanctions for Alcohol Policy Violations

1st Violation:

- Student is required to complete a full alcohol/other drug assessment from a licensed Alcohol and Other Drug Counselor and comply with all recommendations plus costs.
- If student is financially dependent or under the age of 21, parents or guardians are notified.
- Residential student is placed on “pending termination of residency status”
- $75.00 Prevention fee
Campus Sanctions for Alcohol Policy Violations

2nd Violation:

- Residential student is terminated from campus housing, and may receive restricted access from all residential areas. Off campus students will receive restricted access from all residential areas.

- Student is placed on "pending suspension" status.

- Student is required to complete a full alcohol/other drug assessment from a licensed Alcohol and Other Drug Counselor and comply with all recommendations and costs.

- $100.00 Prevention fee

- If student is financially dependent or under the age of 21, parents or guardians are notified.
3rd Violation:

- Student is suspended
UT’s Drug Policies

- Possession, consumption, provision and/or sale of drugs or drug paraphernalia (except for that prescribed by a physician specifically to the student in possession and used according to the direction) is strictly prohibited.
Students can be responsible for the presence of drugs or paraphernalia in their room whether or not they are present at the time of violation if they have **knowledge/access**.
UT’s Drug Policies

**REMEMBER:** Students convicted of violating any federal or state drug possession or sale law will become ineligible for Title IV federal financial aid (no contest or guilty).
Minimum Campus Sanctions for Drug Possession

- Parental Notification (under 21 or financially dependent)
- Termination of Housing
- Pending Suspension
- Student is required to complete and pay for a full alcohol/other drug assessment from a licensed Alcohol and Other Drug Counselor and comply with all recommendations plus costs.
- May be restricted from all Residence Halls
- 2nd violation is suspension from University
Florida Sanctions for Drug Possession

- 2nd degree misdemeanor (Max penalty 60 days in jail, $500.00 in fines)
- 2-year driver’s license suspension
Social Norm Information

What is normal?
Based on UT’s Fall 2008 CORE Survey

What percentage of UT students drink 1x per week or LESS?

78%
Based on UT’s Fall 2008 CORE Survey

The Student Perception...

72% of University of Tampa Students THINK that students drink 3x a week or more
Based on UT’s Fall 2008 CORE Survey

- How many drinks per week do the majority of UT students consume?

4 or less drinks per week (67%)!
Based on UT’s Fall 2006 CORE Survey

What percentage of UT students have NOT used tobacco in the past 30 days?

78.4% (compared to 68.3% nationally)
Based on UT’s Fall 2006 CORE Survey

What percentage of UT students Have NEVER driven a car under the influence?

78%!
Based on UT’s Fall 2006 CORE Survey

What percentage of UT students have NOT used marijuana within the last 30 days?

78%!
Based on UT’s Fall 2005 CORE Survey

• Only 11% of UT students use tobacco regularly (3x a week or more) compared to 15% nationally
What Parents Can Do to Decrease High-Risk Drinking

- Talk to your son or daughter about alcohol use/abuse.
  - Articulate that abstinence from alcohol is an acceptable, healthy and safe decision.
  - Encourage your son/daughter to get involved with campus activities.
What Parents Can Do to Decrease High-Risk Drinking

• Talk to your son or daughter about alcohol use/abuse.
  – Refrain from GLAMORIZING alcohol use, including your own stories from college days
  – Help them understand that alcohol is a toxic, addictive substance that can fatally poison when used in excess.
What Parents Can Do to Decrease High-Risk Drinking

• Talk to your son or daughter about alcohol use/abuse.
  – Help your son/daughter to understand that any alcohol use brings with it some level of risk.
  – Be clear about your expectations!
  – Keep up the communication. Ask questions.
  – Utilize the Student of Concern Program.
Student of Concern Program

**HOW DOES IT WORK?**

- A report comes to Associate Dean of Students, Campus Safety, Health and Counseling Center or Residence Life.
- Reports come from faculty, staff, students and parents.
Student of Concern Program

REPORT a Student of Concern ONLINE:

http://www.ut.edu/currentstudents/dean/student-of-concern.cfm
Student of Concern Program

- If you have concerns about your son/daughter’s alcohol or other drug use, please contact:
  Gina Firth
  Associate Dean of Wellness
  Phone – (813)257-1777
  Email – gfirth@ut.edu

- If you have any behavioral concerns about your son/daughter, please contact:
  Monnie Huston Wertz
  Chair, Student of Concern Program/Asst. to VP Operations
  Phone - (813) 257-3757
  Email - mhwertz@ut.edu
Resources for Parents

• College Parents of America
  www.collegeparents.org

• National Institute on Alcohol Abuse and Alcoholism
  http://www.niaaa.nih.gov/

• The Higher Education Center for Alcohol and Other Drug Prevention
  www.edc.org/hec
Resources for Parents

• A Call to Action: Changing the Culture of Drinking at US Colleges
  www.collegedrinkingprevention.gov

• Facts on Tap
  www.factsontap.org