Active Minds – This group works to utilize the student voice to change the conversation about mental health on college campuses, educates students on mental health issues and advocates to reduce related stigma.

Better Together – This student group's mission is to promote understanding and respect for diverse spiritual and nonspiritual beliefs by means of dialogue, education, advocacy and service.

Breathe Easy UT – This organization provides education on tobacco cessation opportunities, smoking policy education and is working towards establishing Breathe Easy Zones or designated smoking areas on campus which provide for most of campus to be smoke free. One-on-one appointments are available with a tobacco cessation specialist.

DisJointed – This student-driven initiative educates UT on the legal and health effects of marijuana use.

FOODS – Focusing On Optimal Dietetics for Students (FOODS) is designed for students by students to generate an awareness of the impact of food on overall health.

Mirror Image - Mirror image seeks to empower UT students to maintain positive body esteem based on recognition of what they can and cannot control in regard to size and shape.

Rx Factor – This is a prescription drug abuse awareness, safety and education program.

Red Flag Campaign – Red Flag provides healthy relationship education for students, promoting a by-stander intervention model: If you see a red flag, say something.

SASS (Safe and Sexy Spartans) - This program, designed by students and for students, aims to (1) assess current student knowledge and needs relating to sexual health and (2) provide accurate and appropriate information relating to such topics as contraceptive use, sexually transmitted infections and social norms.

Students of AMF (And Moving Forward) – Students of AMF seeks to provide a safe space for students who are suffering the illness or loss of a loved one to come together and support each other. It also seeks to join in community service as a campus in various ways.

Watch Your BAC – Watch Your BAC provides an alcohol abuse reduction program focusing on educating students on blood alcohol concentration, correct drink equivalent education and moderation techniques.

None for the Road – None for the Road is a drinking and driving prevention and education program in conjunction with Watch Your BAC.

Yoga and Meditation – Yoga and meditation classes aimed to support the holistic health and wellness of the students at The University of Tampa.