(Course Name) Self-Assessment & Reflection

Student Name:

1. Approximately how much time did you spend preparing for this exam? __________

   a. What percentage of your preparation for Exam 1 was spent studying alone or with others?
      i. % alone:
      ii. % with others

2. What percentage of your test preparation time was spent in each of these activities?
   a. Discussing content with classmates/students in other sections
   b. Skimming the textbook
   c. Reviewing your notes
   d. Reading the textbook and other assigned readings
   e. Reviewing homework questions
   f. Reviewing graded quizzes

3. As you look over your exam, think about how and where you lost points. Estimate the percentage of points you lost due to the following:
   a. % Not understanding a concept or term
   b. % Not knowing how to begin the problem
   c. % Not knowing how to apply the right formula
   d. % Careless mistakes
   e. Other reason
      (Please Specify):

4. Based on your responses to the questions, list three things you might do differently. For instance, will you spend more time studying or try to sharpen a particular skill. (Please be specific.)
   a.
   b.
   c.

5. What can we do to help support your learning and prepare for the next exam?