

CURRICULUM VITAE

**COLTER D. RAY, PHD**

Assistant Professor  
Department of Communication  
The University of Tampa  
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**EDUCATION**

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**PH.D., COMMUNICATION (2018), ARIZONA STATE UNIVERSITY**

*Dissertation:* Effects of Message Planning on Support Message Effectiveness, Nonverbal Behaviors, and Supporter Stress and Anxiety

**M.A., COMMUNICATION STUDIES (2014), TEXAS STATE UNIVERSITY**

*Distinction:* Departmental Award for Outstanding Graduate Student

**B.A., PUBLIC RELATIONS (2011), TEXAS STATE UNIVERSITY**

*Distinction:* Ralph J. Harrell Outstanding Senior

**CERTIFICATES**

Graduate Certificate in Corporate Communication and Training, Texas State University, May 2014  
Masterclass in Online Pedagogy, Arizona State University, May 2018

**STUDY ABROAD**

Oxford University, St. Hilda's College, 2013

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**ACADEMIC APPOINTMENTS**

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Fall 2023–Present

*Assistant Professor*  
Department of Communication  
University of Tampa

Fall 2021–Summer 2023

*Assistant Professor*  
Department of Communication Studies  
Louisiana State University

Fall 2018–Summer 2021

*Assistant Professor*  
*Director of the Human Communication Laboratory*  
*Associate Director of the Center for Communication, Health,*  
*and the Public Good*  
School of Communication  
San Diego State University

Fall 2014–Summer 2018

*Graduate Teaching Assistant*  
The Hugh Downs School of Human Communication  
Arizona State University

Fall 2012–Spring 2014

*Graduate Teaching Assistant*  
*Basic Course Administrator (2013–2014)*  
Department of Communication Studies  
Texas State University

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## RESEARCH & GRANT ACTIVITY

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### PEER-REVIEWED JOURNAL ARTICLES

28. **Ray, C. D.** (2023). Nonsupport experiences of young adult cancer patients: Prevalence, acceptability, and outcomes of not receiving support. *Health Communication*. Advance online publication. <https://doi.org/10.1080/10410236.2023.2206178>
27. **Ray, C. D.** (2023). The relationships between loneliness and mental and physical health are moderated by the tendency for interpersonal victimhood: A study of young adult cancer patients. *Journal of Psychosocial Oncology*. <https://doi.org/10.1080/07347332.2023.2223203>
26. **Ray, C. D.,** Scharp, K. M., Parker, E., & Donohoe, D. E. (2023). Withholding social support because those in need are undeserving: A thematic narrative analysis. *Communication Research*. Advance online publication. <https://doi.org/10.1177/00936502221146629>
25. **Ray, C. D.,** & Mikkelsen, A. C. (2023) The multidimensional evaluation of enacted support scale (MEESS): Issues regarding factor structure, study design, and instructions. *Journal of Social and Personal Relationships*. Advance online publication. <https://doi.org/10.1177/02654075231171621>
24. **Ray, C. D.,** & Manusov, V. L. (2023). What counts as an acceptable reason for not communicating emotional support? *Personal Relationships*, 30(2), 596-619. <https://doi.org/10.1111/perc.12470>

23. **Ray, C. D.** (2022). Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes. *Western Journal of Communication*. Advance online publication. <https://doi.org/10.1080/10570314.2022.2132530>
22. **Ray, C. D.**, & Shebib, S. J. (2022). Determinants of loneliness during the COVID-19 pandemic in the United States: A one-year follow-up study. *Journal of Social and Personal Relationships*, 39(12), 3579-3595. <https://doi.org/10.1177/02654075221102632>
21. Floyd, K., **Ray, C. D.**, James, R., & Anderson, A. J. (2022). Correlates of compassion for suffering social groups. *Southern Communication Journal*, 87(4), 324-338. <https://doi.org/10.1080/1041794X.2022.2086612>
20. **Ray, C. D.** (2022). Extraversion negatively predicts compliance with social distancing and mask usage guidelines for men but not women. *Research in Psychology and Behavioral Sciences*, 10(1), 1–5. <https://doi.org/10.12691/rpbs-10-1-1>
19. **Ray, C. D.** (2021). The trajectory and determinants of loneliness during the first two months of the COVID-19 pandemic in the United States. *Journal of Social and Personal Relationships*, 38(6), 1920–1938. <https://doi.org/10.1177/02654075211016542>
18. Shin, Y., Pettigrew, J., **Ray, C. D.**, & Lu, Y. (2021). Frequency and importance of interpersonal communication about a school-based intervention with parents, peers, and teachers: Application of Social Interface Model. *Journal of Applied Communication Research*, 49(86), 1-17. <https://doi.org/10.1080/00909882.2021.1936122>
17. Pettigrew, J., Razzante, R., Allsup, J., Lu, Y., & **Ray, C. D.** (2021). Challenging sustainability in school-based intervention in Nicaragua. *Health Education*, 121(4), 356-367 . <https://doi.org/10.1108/HE-12-2020-0115>
16. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (2021). Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages. *Health Communication*, 36(7), 856–865. <https://doi.org/10.1080/10410236.2020.1719322>
15. Floyd, K., York, C., & **Ray, C. D.** (2020). Heritability of affectionate communication: A twins study. *Communication Monographs*, 87(4), 405–424. <https://doi.org/10.1080/03637751.2020.1760327>
14. **Ray, C. D.**, Floyd, K., Tietsort, C., Veluscek, A. M., Otmar, C. D., Hashi, E. C., & Fisher, R. (2020). Mixed messages: I. The consequences of communicating negative statements within emotional support messages to cancer patients. *Journal of Patient Experience*, 7(4), 593–599. <https://doi.org/10.1177/2374373519873781>

13. **Ray, C. D.**, Floyd, K., Mongeau, P. A., & Randall, A. K. (2020). Success bias and inflation bias after planning and communicating emotional support messages. *Journal of Cancer Education*, 35(5), 972–976. <https://doi.org/10.1007/s13187-019-01550-1>
12. Mikkelsen, A. C., & **Ray, C. D.** (2020). Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes. *Journal of Social and Personal Relationships*, 34(8-9), 2482–2509. <https://doi.org/10.1177/0265407520928122>
11. **Ray, C. D.**, Burke, T. J., Young, V., & Curran, M. A. (2019). Enacting social control to encourage healthier partner diet and exercise behavior: Considering the roles of constraints and topic avoidance. *Southern Communication Journal*, 84(5), 301–313. <https://doi.org/10.1080/1041794X.2019.1644665>
10. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019). Planning improves vocal fluency and appearance of concern when communicating emotional support. *Communication Research Reports*, 36(1), 57–66. <https://doi.org/10.1080/08824096.2018.1560251>
9. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2019). “Emotional support won’t cure cancer”: Reasons people give for not providing emotional support. *Western Journal of Communication*, 83(1), 20–38. <https://doi.org/10.1080/10570314.2018.1472800>
8. Stein, J. B., **Ray, C. D.**, van Raalte, L. J., & Mongeau, P. A. (2019). Testing the relational turbulence theory in friends with benefits relationships. *Ohio Communication Journal*, 57(1), 6–18.
7. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018). Factors predicting unmet supportive care needs among adult cancer patients. *Health Behavior and Policy Review*, 5(6), 38–49. <https://doi.org/10.14485/HBPR.5.6.3>
6. Floyd, K., **Ray, C. D.**, van Raalte, L. J., Stein, J. B., & Generous, M. A. (2018). Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends. *Research in Psychology and Behavioral Sciences*, 6(1), 27–34. <https://doi.org/10.12691/rpbs-6-1-4>
5. **Ray, C. D.**, & Veluscek, A. M. (2018). Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer. *Journal of Cancer Education*, 33(3), 649–652. <https://doi.org/10.1007/s13187-016-1125z>

4. Pettigrew, J., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2018). Social interface model: Theorizing ecological post-delivery processes for intervention effects. *Prevention Science, 19*(8), 987–996. <https://doi.org/10.1007/s11121-017-0857-2>
3. Kim, H., **Ray, C. D.**, Veluscek, A. M. (2017). Complementary roles of facilitators and peers in promoting mHealth engagement and weight loss: An analysis of survey and in-app activity data. *Journal of Health Communication, 22*(11), 902–915. <https://doi.org/10.1080/10810730.2017.1373876>
2. **Ray, C. D.**, & Veluscek, A. M. (2017). Face threats and additional reasons for perceiving support as unwanted: A study of recently diagnosed cancer patients. *Health Communication, 32*(11), 1396–1402. <https://doi.org/10.1080/10410236.2016.1228027>
1. Floyd, K., & **Ray, C. D.** (2017). Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support. *Journal of Social and Personal Relationships, 34*(8), 1260–1276. <https://doi.org/10.1177/0265407516673161>

#### MANUSCRIPTS UNDER REVIEW

7. **Ray, C. D.** (under initial review). Saying the wrong thing or nothing at all: Comparing outcomes of nonsupport versus low person-centered emotional support messages following a major personal injury or loss of employment.
6. **Ray, C. D.**, Wang, N. O., Duede, L. A., Garza, B., & Burns, J. (under initial review). Loneliness and stigmatization predicts diminished compassion for suffering social groups.
5. **Ray, C. D.**, Iannarino, N. T., Wang, N. O., Matias, B., Westerman, A., & Germann, J. N. (under initial review). Exploring the barriers to providing and receiving social support: A qualitative study of young adult cancer patients and young adult supporters.
4. Otmar, C. D., & **Ray, C. D.** (under initial review). The loneliness of social anxiety: Testing three models of relational messages.
3. Floyd, K., **Ray, C. D.**, & Hesse, C. (under initial review). Rational emotive behavioral therapy (REBT) and loneliness: A multinational replication of Hyland et al., (2019).
2. Mikkelsen, A. C., & **Ray, C. D.** (under initial review). Relational uncertainty and the investment model: Understanding commitment processes across differences in relational uncertainty.
1. Duede, L. A., **Ray, C. D.**, & Brisini, K. S. C. (under initial review). Social support preferences and support gaps of adults with attention-deficit/hyperactivity disorder (ADHD): An exploratory mixed methods study.

### MANUSCRIPTS IN PROGRESS

14. Duede, L. A., **Ray, C. D.**, & Brisini, K. S. C. (data analyzed). A qualitative exploration of social support desires of adults with attention-deficit/hyperactivity disorder (ADHD).
13. **Ray, C. D.**, & Westerman, A. W. (in data analysis). Assessing the efficacy of the “Supporter Roadmap:” An intervention to improve supportive communication between young adult supporters and loved ones with cancer.
12. **Ray, C. D.**, & Duede, L. A. (in data analysis). Nonsupport: Conceptualization and consequences of instances when support was expected but not communicated.
11. **Ray, C. D.**, High, A. C., & Bishop, R. (in data analysis). Mixed messages: IV. Do ability and motivation affect the recall of low person-centered statements embedded within emotional support messages? A longitudinal test of the dual-process model of supportive communication.
10. **Ray, C. D.**, Floyd, K., Zenzola, N., & Gonzalez, A. (in data analysis). An initial exploration of the characteristics and outcomes of “Come to Jesus Moments” and their implications for research on the dark side of supportive communication.
9. **Ray, C. D.**, Floyd, K., Koenig Kellas, J. (in data analysis). Putting “social” back into social support: Exploring how the supporter-recipient relationship can create effective and appropriate low person-centered messages.
8. **Ray, C. D.**, Wang, N. O., Iannarino, N. T., Germann, J. N., Westerman, A., & Mattias, B. (in data analysis). Technology as a facilitator and barrier to supportive interactions between young adult cancer patients and their supporters.
7. **Ray, C. D.** (data collected). Relational and health correlates of the tendency for interpersonal victimhood: Initial explorations using a U.S. census-matched sample of adults.
6. **Ray, C. D.**, & Floyd, K. (data collected). Tactics for reducing loneliness: Data from a nationally representative sample of U.S. adults who report having successfully addressed their loneliness or who continue to be lonely.
5. Otmar, C. D., & **Ray, C. D.** (data collected). Individuals with high social anxiety use different support seeking strategies than less anxious individuals.
4. Otmar, C. D., & **Ray, C. D.** (data collected). Support-seeking behaviors differ based on the type of anxiety created by various life stressor.

3. Manusov, V. L., McLaren, R. M., **Ray, C. D.**, & Crowe, K. (data collected). When tangible support functions as emotional support: Rethinking social support typologies from a recipient perspective.
2. **Ray, C. D.**, McLaren, R. M., Manusov, V. L., & Crowe, K. (data collection ongoing). Assessing the effectiveness of an on-demand empathy training and synchronous Zoom workshop on overcoming barriers to communicating emotional support messages.
1. Fedd, A., Samp, J. A., & **Ray, C. D.**, (in conceptualization). Sexual communication: A scoping review.

### FUNDED RESEARCH GRANTS

9. Funder: Louisiana State University–Manship Summer Publication Grant  
Project Title: *Assessing the Psychometrics of the Multidimensional Evaluate of Enacted Support Scale Using Census-Matched Data at Multiple Time Points*  
Amount: \$5,000  
Awarded: May 2022  
Position/Role: Principal Investigator
8. Funder: San Diego State University–University Grants Program  
Project Title: *Combating the Loneliness Epidemic with Gratitude and Affection*  
Amount: \$10,000  
Awarded: February 2021–June 2022 (Grant Ended Upon Leaving SDSU in August 2021)  
Position/Role: Principal Investigator
7. Funder: San Diego State University–Faculty Guided Summer Undergraduate Research Program  
Project Title: *Instances When People Believe Cancer Patients Do Not Deserve Social Support*  
Amount: \$3,000  
Awarded: May 2019–August 2019  
Position/Role: Principal Investigator; Academic Mentor to Undergraduate Assistant
6. Funder: San Diego State University–University Grants Program  
Project Title: *How Our Bodies and Minds React to Emotional Support Messages in the Cancer Context*  
Amount: \$9,989  
Awarded: January 2019–June 2020  
Position/Role: Principal Investigator

5. Funder: The Hugh Downs School of Human Communication at Arizona State University  
Project Title: *Supporter Anxiety and Emotional Support Message Quality During Interactions with Cancer Patients*  
Amount: \$3,000  
Awarded: March 2017–February 2018  
Position/Role: Principal Investigator
4. Funder: Arizona State University Office of Knowledge Enterprise Development  
Project Title: *The Physiological Effects of Planning Support Messages*  
Amount: \$2,000  
Awarded: February 2017–May 2018  
Position/Role: Principal Investigator
3. Funder: Arizona State University Graduate and Professional Student Association  
Project Title: *Individual Travel Grant*  
Amount: \$950  
Awarded Twice: November 2016; November 2017
2. Funder: The Hugh Downs School of Human Communication at Arizona State University  
Project Title: *Nonsupport Versus Varying Levels of Person-Centered Emotional Support: A Study of Women with Breast Cancer*  
Amount: \$1,120  
Awarded: March 2016–February 2017  
Position/Role: Principal Investigator
1. Funder: International Narcotics and Law Enforcement Affairs (U.S. Department of State)  
Project Title: *Expanding the Influence of Dale se REAL in Nicaragua Central America*  
Amount: \$600,000  
Awarded: 2016–2019  
Position/Role: Research Assistant

#### **NON-FUNDED RESEARCH GRANT APPLICATIONS**

4. Funder: The Rita and Alex Hillman Foundation  
Funding Opportunity Title: Hillman Emergent Innovation: Serious Illness and End of Life  
Project Title: *Developing and Implementing a Tool for Facilitating Supportive Interactions Between Young Adult Cancer Patient and Their Friends*  
Amount: \$50,000  
Investigators: Abby Westermann (PI), **Colter D. Ray (Co-I)**, Julie Germann (Co-I), Nicholas Iannarino (Co-I)



3. Funder: National Institutes of Health

Activity Code and FOA: R01 Research Project Grant (PAR-19-373)

Funding Opportunity Title: *Research on Biopsychosocial Factors of Social Connectedness and Isolation on Health, Wellbeing, Illness, and Recovery*

Amount: \$400,000

Investigators: Colin Hesse (Co-PI), Kory Floyd (Co-PI) , **Colter D. Ray (Co-I)**, & Thaddeus Pace (Co-I)

2. Funder: National Cancer Institute (As a component of the UCSD & SDSU U54 Grant Renewal)

Project Title: *Pragmatic Approach to Address Culturally Diverse Palliative Care Needs of Advanced Cancer Patients*

Amount: \$267,500

Funding Decision Announced September 2019

Principal Investigator: Savitri Singh-Carlson

Co-Investigators: **Colter D. Ray**, Eun Jeong Ko

1. Funder: San Diego State University – University Grants Program

Project Title: *Empathy Bootcamp: Tools for Building Relationships When It Really Counts*

Amount: \$10,000

Funding Decision Announced December 2019

Position/Role: Principal Investigator

### BOOK CHAPTERS

3. Floyd, K., Pavlich, C. A., Dinsmore, D. R., & **Ray, C. D.** (2020). The physiology of affectionate communication. In L. S. Aloia, A. Denes, & J. C. Crowley (Eds.), *The Oxford handbook of the physiology of interpersonal communication*. Oxford University Press.

<https://doi.org/10.1093/oxfordhb.9780190679446.013.4>

2. Pauley, P., **Ray, C. D.**, Spitzberg, B. H., & Savage, M. (2019). Interpersonal and relational communication. In B. H. Spitzberg, H. Canary, & D. Canary (Eds.), *The communication capstone: The communication inquiry and theory experience*. Cognella.

1. Floyd, K., & **Ray, C. D.** (2016). The biology of affection. In J. Nussbaum (Ed.), *Oxford research encyclopedia of communication* (pp. 1–26). Oxford University Press.

<https://doi.org/10.1093/acrefore/9780190228613.013.157>

**COMPETITIVELY SELECTED CONFERENCE PAPER PRESENTATIONS, PANELS, AND SYMPOSIA**

45. Floyd, K., **Ray, C. D.**, & Hesse, C. (2024, April). *Rational emotive behavior therapy (REBT) and loneliness* [Poster presentation]. Submitted for presentation at the annual convention of the American Counseling Association, New Orleans, LA.
44. **Ray, C. D.** (November, 2023). *Nonsupport experiences of young adult cancer patients: Prevalence, acceptability, and outcomes of not receiving support*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
43. **Ray, C. D.**, Iannarino, N. T., Wang, N. O., Mattias, B., Westerman, A. W., & Germann, J. N. (November, 2023). *Barriers to providing social support: A study of young adult cancer patients and young adult supporters*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
42. **Ray, C. D.**, Wang, N. O., Duede, L. A., Garza, B., & Burns, J. (November, 2023). *Loneliness and stigmatization predicts diminished compassion for suffering social groups*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
41. Otmar, C. D., & **Ray, C. D.** (November, 2023). *The loneliness of social anxiety: Testing three models of relational messages*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
40. Duede, L. A., **Ray, C. D.**, Brisini, K., & Kelley, M. L. (November, 2023). *The social support experiences of attention-deficit hyperactivity disorder (ADHD) adults*. Paper accepted for presentation at the annual meeting of the National Communication Association, National Harbor, MD.
39. Westerman, A., **Ray, C. D.**, Iannarino, N., Germann, J., Matias, B., & Wang, N. O. (June, 2023). *Understanding and mitigating social support barriers for young adults with cancer*. Paper presented at the annual meeting of the Global Adolescent and Young Adult Cancer Congress, Long Beach, CA.
38. **Ray, C. D.** (June, 2023). *The relationships between loneliness and mental and physical health are moderated by the tendency for interpersonal victimhood: A study of young adult cancer patients*. Paper presented at the International Association for Relationship Research's Dark Side of Relationships Conference, Tuscaloosa, AL.

37. **Ray, C. D.**, & Manusov, V. L. (February, 2023). *What counts as a good excuse for nonsupport? An analysis of the acceptability judgments and relational well-being using a nationally representative sample of U.S. adults*. Paper presented at the annual meeting of the Western States Communication Association, Phoenix, AZ.
36. **Ray, C. D.**, & Mikkelsen, A. C. (February, 2023). *The Multidimensional Evaluation of Enacted Support Scale (MEESS): Issues regarding factor structure, study design, and instructions*. Paper presented at the annual meeting of the Western States Communication Association, Phoenix, AZ.
35. **Ray, C. D.** (November, 2022). *Creating a research agenda around the concept of nonsupport: Instances when social support is expected but not received*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
34. **Ray, C. D.**, & Shebib, S. J. (November, 2022). *Further investigations into the determinants of loneliness during the COVID-19 pandemic in the United States: A one-year follow-up study*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
33. **Ray, C. D.**, Scharp, K. M., Parker, E., & Donohoe, D. E. (November, 2022). *Withholding social support because those in need are undeserving: A thematic narrative analysis*. Paper presented at the annual meeting of the National Communication Association, New Orleans, LA.
32. James, R., **Ray, C. D.**, Spitzberg, B. S., & Barber, L. (November, 2022). *Native Spanish speakers' perceptions of emotional support messages received in Spanish and English*. Paper accepted for presentation at the annual meeting of the National Communication Association, New Orleans, LA.
31. Westerman, A., **Ray, C. D.**, Iannarino, N. T., & Germann, J. N. (March, 2022). *Barriers to social support for adolescents and young adults with cancer*. Symposium presented at the virtual meeting of the American Psychosocial Oncology Society.
30. Floyd, K., **Ray, C. D.**, James, R., & Anderson, A. (February, 2022). *Predictors of compassion for suffering social groups*. Paper presented at the annual meeting of the Western States Communication Association, Portland, OR. **Top Paper in Interpersonal Division.**
29. **Ray, C. D.** (November, 2021). *Mixed messages: III. Negative statements within emotional support messages are more memorable than positive statements and predict longitudinal outcomes*. Paper presented at the annual meeting of the National Communication Association, Seattle, WA.
28. Wilson, S. R., Schrodtt, P., **Ray, C. D.**, & Shebib, S. (November, 2021). *Transforming interpersonal and family communication research: A discussion of advancing theory using survey experimental design*. A panel presentation at the annual meeting of the National Communication Association, Seattle, WA.

27. **Ray, C. D.**, Floyd, K., Mongeau, P. M., & Randall, A. K. (July-August, 2021). *Success bias and inflation bias after planning and communicating emotional support messages to cancer patients*. Paper presented at the virtual meeting of the International Association for Relationship Research.
26. **Ray, C. D.**, Harvey, J., Floyd, K., Bonito, J. A., & Reblin, M. (November, 2020). *Mixed messages: II. Outcomes associated with the proportion and placement of negative statements in support messages*. Paper presented at the annual meeting of the National Communication Association, Indianapolis, IN.
25. Floyd, K., York, C., & **Ray, C. D.** (May, 2020). *Heritability of affectionate communication: A twins study*. Paper presented at the annual meeting of the International Communication Association, Gold Coast, Australia.
24. Mikkelson, A. C., & **Ray, C. D.** (February, 2020). *Development of the Revised Relational Maximization Scale and explorations of how relational maximization relates to personal and relational outcomes*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO. **Top Paper in Interpersonal Division.**
23. Otmar, C. D., **Ray, C. D.**, Spitzberg, B. H., Negash, S. (February, 2020). *The influence of interpersonal patterns of forgiveness on relational resilience*. Paper presented at the annual meeting of the Western States Communication Association, Denver, CO.
22. Valenzuela, A., Bohan, S., Nguyen-Grozavu, F., Robbins Sadler, G., Malcarne, V., & **Ray, C. D.** (September, 2019). *Social support for African American women with cancer: Why is it so low? A review of the literature*. Paper presented at the annual meeting of the International Cancer Education Conference, Salt Lake City, UT.
21. Shin, Y., Pettigrew, J., **Ray, C. D.**, Lu, Y., Castillo, M. A., & Allsup, J. D. (May, 2019). *Latent class analysis of interpersonal communication about the school-based intervention, Dale se REAL, with parents, peers, and teachers from the social interface model*. Paper presented at the annual meeting of the Society of Prevention Research, San Francisco, CA.
20. **Ray, C. D.**, Floyd, K., Tietsort, C. J., Veluscek, A. M., Hashi, E. C., Otmar, C. D., & Fisher, R. (February, 2019). *Brief negative statements occurring within longer support messages result in lower message effectiveness and supporter competence ratings*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.
19. **Ray, C. D.**, Floyd, K., Mongeau, P. A., Mark, L., Shufford, K. N., & Niess, L. C. (2019, February). *Planning improves vocal fluency and appearance of concern when communicating emotional support*. Paper presented at the annual meeting of the Western Communication Association, Seattle, WA.

18. Kim, S., **Ray, C. D.**, Larkey, L., Ramos, E., & Northfelt, D. (2018, November). *Factors predicting unmet supportive care needs among adult cancer patients*. Paper presented at the annual meeting of the National Communication Association, Salt Lake City, UT.
17. Pettigrew, J., Razzante, R., Lu, Y., Allsup, J. D., & **Ray, C. D.** (2018, August). *Challenging sustainability for school-based prevention in a lower-middle income country*. Paper presented at the First Conference of the Brazilian Association for Research on Prevention and Health Promotion (BRAPEP), Brasília, Distrito Federal, Brazil.
16. **Ray, C. D.** (2017, November). *The effects of relational closeness on cancer patients' perceptions of negative face threats and subsequent responses to emotional support messages*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
15. **Ray, C. D.**, Manusov, V. L., & McLaren, R. M. (2017, November). *Breaking the rules?: Why people choose not to provide emotional support to others*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
14. **Ray, C. D.**, Veluscek, A. M., & Duggan, A. (2017, November). *Nonverbal indicators of cancer patients' turning points in identity and treatment trajectories*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
13. Floyd, K., **Ray, C. D.**, Generous, M. A., van Raalte, L. J., & Stein, J. B. (2017, November). *Interpersonal touch buffers pain sensitivity in romantic relationships but heightens sensitivity between strangers and friends*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
12. Kim, H., **Ray, C. D.**, & Veluscek, A. M. (2017, November). *Complementary support from facilitators and peers for promoting mHealth engagement and weight loss*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
11. Pettigrew, J., Li, C., & **Ray, C. D.** (2017, November). *Developing and testing Dale se REAL: Drug and violence prevention in Nicaragua, Central America*. Paper presented at the annual meeting of the National Communication Association, Dallas, TX.
10. Pettigrew, J. P., Segrott, J., **Ray, C. D.**, & Littlecott, H. (2017, September). *Centralizing the mesosystem for intervention message effectiveness: Introducing a social interface model*. Paper presented at the annual meeting of the European Society for Prevention Research, Vienna, Austria.
9. **Ray, C. D.**, & Veluscek, A. M. (2017, February). *Nonsupport versus varying levels of person-centered emotional support: A study of women with breast cancer*. Paper presented at the annual meeting of the Western Communication Association, Salt Lake City, UT.

8. **Ray, C. D.** (2016, December) *Reasons for not communicating emotional support to personal contacts with cancer*. Presented at the Arizona State University Institute for Social Science Research Poster Competition, Tempe, AZ.
7. **Ray, C. D.,** & Veluscek, A. M. (2016, November). *The experience and outcomes of receiving unwanted social support: A study of recently diagnosed cancer patients*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
6. **Ray, C. D.** (2016, November). *The provision decision model: Understanding supportive interactions from the provider's perspective*. Paper presented at the annual meeting of the National Communication Association, Philadelphia, PA.
5. **Ray, C. D.,** & Framer, M. W. (2016, July). *The effects of sacred matters on perceived support gaps in romantic relationships*. Paper presented at the annual meeting of the International Association for Relationship Research, Toronto, Canada.
4. Floyd, K., & **Ray, C. D.** (2015, November). *Thanks, but no thanks: Negotiating face threats when rejecting offers of unwanted social support*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
3. Stein, J., **Ray, C. D.,** & Framer, M. W. (2015, November.) *"But you say he's just a friend." Friends with benefits relationships versus exclusive relationships: A relational turbulence perspective*. Paper presented at the annual meeting of the National Communication Association, Las Vegas, NV.
2. **Ray, C. D.,** & Fox, W. (2013, November). *Use of Spanish phrases by political candidates and the effects on source credibility*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.
1. **Ray, C. D.** (2013, November). *The narrative paradigm applied to Julian Castro's Democratic National Convention keynote address*. Paper presented at the annual meeting of the National Communication Association, Washington, D.C.

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## **TEACHING EXPERIENCE**

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### **GRADUATE SEMINARS**

Issues in Communication (forthcoming fall 2023: University of Tampa; face-to-face)  
Research in Relationships (LSU; face-to-face)  
Interpersonal Communication: Social Support (LSU; face-to-face)  
Relational Communication (SDSU; face-to-face; online)  
Nonverbal Communication (SDSU; online)

## UNDERGRADUATE COURSES

Speech for Business and the Professions (coming fall 2023: University of Tampa; face-to-face)  
Interpersonal Communication (LSU; face-to-face)  
Communication Research (LSU; face-to-face)  
Communication Capstone (SDSU; face-to-face; online)  
The Dark Side of Communication (SDSU; face-to-face)  
Investigating Communication (SDSU; online)  
Health Communication (SDSU; online)  
Training and Development (ASU; online)  
Communication in the Family (ASU; face-to-face)  
Quantitative Research Methods (ASU; face-to-face and online)  
Conflict and Negotiation (ASU; face-to-face)  
Relational Communication (ASU; face-to-face)  
Advanced Research Methods (ASU; face-to-face and online)  
Fundamentals of Human Communication (TXST; face-to-face and hybrid)

## COURSES ADAPTED TO AN ONLINE FORMAT FOR SUMMER AND WINTER SESSIONS

COMM 495: Communication Capstone (SDSU)  
COMM 350: Investigating Communication (SDSU)  
COMM 245: Interpersonal Communication (SDSU)

## COURSES TAUGHT: TEACHING ASSISTANT

COMM 608: Multivariate Statistical Analysis (ASU; face-to-face)  
COMM 312: Conflict and Negotiation (ASU; face-to-face)  
COMM 259: Business and Professional Communication (ASU; hybrid)  
COMM 230: Small Group Communication (ASU; face-to-face)  
COMM 3330: Empirical Research Methods (TXST; face-to-face)  
COMM 1310: Fundamentals of Human Communication (TXST; face-to-face and hybrid)

## GRADUATE STUDENTS SUPERVISED

5. Lindsay Duede (LSU; 2021-2023). Thesis Title: *Social support experiences of Attention-Deficit/Hyperactivity Disorder (ADHD) Adults*. Defended March 2023. Now a doctoral student at Louisiana State University.
4. Rebecca James (SDSU; 2020-2021). Thesis Title: *Native Spanish Speakers' Perceptions of Support Messages Received in Spanish and English*. Defended: March 2021. Former doctoral student at UC–Santa Barbara.

3. Courtney Meissner (SDSU; 2019-2020). Thesis Title: *The Significance of Perceived Support: A Quantitative Study of Support Deprivation Experienced by Single Parents Compared to Partnered Parents*. Defended: March 2020.
2. Pia de los Reyes (SDSU; 2019-2020). Thesis Title: *The influence of Expressive Writing on Quality of Pursuit and Provision of Social Support*. Defended: March 2020.
1. Christopher Otmar (SDSU; 2018-2019). Thesis Title: *The Influence of Interpersonal Patterns of Forgiveness on Relational Resilience*. Defended March 2019. Now a doctoral candidate at UC-Santa Barbara.

#### **DOCTORAL DISSERTATION COMMITTEE MEMBER**

1. Christine Swartz (LSU, Manship School of Mass Communication; 2022–2023). Dissertation Title and Defense Date TBD.

#### **MASTERS THESIS SECOND READER**

4. Nicolas Oakey-Frost (LSU, Department of Psychology; 2022–2023). Thesis Title: *The Collaborative Assessment And Management Of Suicidality As A Single Session Intervention For Patients Admitted To Inpatient Psychiatric Care For Suicidal Thoughts And Behaviors*. Defended Spring 2023.
3. Andrea Sanchez (SDSU, School of Communication; 2020–2021). Thesis Title: *Traversing Consent Conversations*. Defended Summer 2021.
2. Sol Bukin (SDSU, Department of Psychology; 2020–2021). Thesis Title: *Information Communication Technology Demands and Fatigue: The Moderating Effects of Personality Traits*. Defended March 2021.
1. Chandler Spahr (SDSU, Department of Psychology; 2019–2020). Thesis Title: *Relationship Quality and Racial Composition of Roommates: Effects on Cardiovascular and Psychological Outcomes*. Defended April 2020.

#### **COMPREHENSIVE EXAM COMMITTEES**

Andrew Anderson (SDSU; 2020–2021)  
Michael Barnes (SDSU; 2020–2021)  
Laura Horton (SDSU; 2019–2020)  
Ainsley Escobar (SDSU; 2019–2020)  
Brianna Avalos (SDSU; 2018–2019)  
Aaron Dellefield (SDSU; 2018–2019)  
Kevin Roberts (SDSU; 2018–2019)



### UNDERGRADUATE HONORS STUDENTS ADVISED

1. Michael Morrissey (ASU; 2016). Honors Thesis Title: *Bitcoin: How Benefit and Cost Shape the Adoption of Virtual Currency*.

### UNDERGRADUATE RESEARCH ASSISTANTS SUPERVISED

4. Emily Parker (SDSU; 2019): Funded by University Grants Program and Summer Undergraduate Research Program. Completed masters at University of Essex; Currently a doctoral student at University of California, San Diego.

3. Alec Valenzuela (SDSU; 2019): Funded by the National Cancer Institute's program *Creating Scientists to Address Cancer Disparities*

2. Nicole Dies (SDSU; 2019): Earned a Research Apprentice Certificate through volunteer laboratory work. Attended masters program at University of San Diego following undergraduate degree.

1. Victoria Mudd (SDSU; 2018): Earned a Research Apprentice Certificate through volunteer laboratory work. Attended masters program at George Mason University following undergraduate degree.

### INVITED LECTURES

16. *The Story Behind Affection Exchange Theory and Major Findings from Two Decades of Research*. Presentation to Baylor University, Communication Theory and Methods Graduate Seminar (Spring 2023).

15. *Nonsupport*. Presentation to University of Washington, Interpersonal Communication Graduate Seminar (Fall 2022).

14. *Practical Tips for Professional Networking at Conferences and Throughout Your Graduate Studies*. Presented to Arizona State University, Grant Writing Course (Fall 2022).

13. *Affection Exchange Theory: Origins and Future Opportunities*. Presented to Rutgers University, Family Communication Undergraduate Course (Fall 2022).

12. *Developing Your Leadership Style During Interpersonal Conflict*. Presented to Purdue University's Office of Graduate Diversity Initiatives (Spring 2022).

11. *Navigating the Job Market as a Graduate Student*. Panel presentation for the graduate students of Pennsylvania State University's Department of Communication Arts and Sciences (Spring 2022).
10. *Communication and Biology*. Presented to University of Washington, Methods of Inquiry (Spring 2019).
9. *How (and Why) You Should Write Love Letters*. Presented to the Residents of the Cuicacalli Suites at San Diego State University (Spring 2019).
8. *Evolutionary Perspectives on Communication Research and Social Support*. Presented to San Diego State University, COMM 601–Seminar in Theory and Research Methods (Fall 2018).
7. *Theorizing About the Dark Side of Social Support in the Cancer Context*. Presented to University of Arizona, COMM 669–Theories of Health Communication (Fall 2018).
6. *Cognitive Biases and Evaluations of Support Messages*. Presented as a Colloquium for the School of Communication at San Diego State University (Fall 2018).
5. *Are Your Support Messages Really Helping People with Cancer?* TED Talk Recorded at TEDxTexasStateUniversity (Fall 2016).
4. *Programmatic Research Focused on the Dark Side of Social Support in the Cancer Context*. Presented as a Colloquium for the Hugh Downs School of Human Communication at Arizona State University (Fall 2016).
3. *Stress, Anger, and the Body*. Arizona State University, COMM 312–Conflict and Negotiation (Fall 2014).
2. *Celebrating Dr. Steven Beebe's Tenure as Department Chair*. Presented to Texas State University at the "Beebe 101" Retirement Celebration (Spring 2014).
1. *7:03 Moments: Creating Meaning in Your Life Through Acts of Kindness Toward Others*. Presented to Incoming Freshmen Students at Texas State University's Cat Camp (Fall 2013).

#### **CREATOR AND FACILITATOR ROLES IN COMMUNICATION AND LEADERSHIP TRAININGS**

- *Empathic Listening and Presence*: Empathy Bootcamp, LLC (Spring 2021)
- *Empathy and Communication*: Empathy Bootcamp, LLC (Fall 2020)
- *Being a Leader Workshop*: The Transformation Project at Arizona State University (Fall 2014)
- *Hospital Management Communication Retreat*: Central Texas Medical Center (Spring 2014)
- *Overcoming Listening Barriers*: Texas State University Leadership Conference (Spring 2014)

- *Teaching and Learning Academy*: Department of Communication Studies, Texas State University (Fall 2013)
- *Balancing Work and Life When You Have Too Much Work*: San Jacinto Hall Council at Texas State University (Fall 2012)
- *Managing at Texas State*: Texas State University Human Resources (Fall 2012)
- *Associated Student Government Retreat*: Texas State University's Associated Student Government (Fall 2010)

### **PARTICIPATION IN PEDAGOGICAL TRAININGS**

- *Flexible Course Design Summer Institute* (Summer 2020)
- *LGBTQ+ Ally Training*, San Diego State University (Fall 2019)
- *Student-Centered Formative Assessment*, San Diego State University (Fall 2019)
- *UndocuALLY Training*, San Diego State University (Spring 2019)
- *Military Ally Training*, San Diego State University (Fall 2018)
- *Masterclass in Online Pedagogy*, Arizona State University (Spring 2018)
- *New Graduate Instructor Orientation*, Arizona State University (Fall 2014)
- *Teaching and Learning Academy*, Texas State University (Fall 2012)
- *LGBTQ+ Ally Training*, Texas State University (Fall 2010)

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### **IN THE POPULAR PRESS**

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- Red Rock Relationships Podcast (August 2022). Season 5, Episode 1, "Relationship Health."
- Harvesting Happiness (April, 2022). Featured Guest on Podcast Hosted by Lisa Cuypers Kamen
- Make It Mentionable (November 2, 2021). Featured Guest on Podcast Hosted by Alyssa Patmos
- Stupid Cancer (July 27, 2021). Webinar Panelist for "When Friends Say Exactly the Wrong Thing"
- b-Present (July 21, 2021). Panelist for "It's a Two-Way Street: Why Good Communication Matters"
- Facebook Live, Sponsored by 1-800-FLOWERS (June 19, 2021). Featured Guest for Interview with Rebecca Soffer, Founder of Modern Loss
- USA Today (April 30, 2021). India is in crisis. Showing more empathy is the least we can do.
- The Telegraph (February 12, 2021). I'm one of the super-lonely suffering from skin hunger.
- Red Rock Relationships Podcast (February 2021). Season 2, Episode 4, "Lean on Me."
- The Guardian (May 21, 2020). I desperately miss human touch. Science may explain why.

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## SERVICE

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### SERVICE TO PROFESSIONAL ORGANIZATIONS & THEIR CONFERENCES

- Chair-Elect, WSCA's Interpersonal Division Interest Group (2023-2024; To Serve as Chair in 2024-2025)
- IARR Future Conference Committee Member (2020–2024)
- Pre-Conference Discussion Leader, NCA Health Communication Division (2022)
- Reviewer for the NCA/ICA Health Communication Division Dissertation & Thesis Awards (2020)
- Secretary and Executive Board Member of the National Communication Association's Health Communication Division (2018–2020)
- NCA Health Communication Division Mentoring Program Participant (2020).
- Legislative Assembly Representative for San Diego State University at the annual meeting of the Western States Communication Association (2019)
- Secretary of the WSCA's Health Communication Interest Group (2015–2017)
- Conference Paper Reviewer (2014–Present)
  - National Communication Association's Health Communication Division (2017–2020)
  - Western States Communication Association's Health Communication Interest Group (2015–2018)
  - Western States Communication Association's Interpersonal Communication Interest Group (2018–2019; 2021–2022)
- Conference Panel Chairperson
  - National Communication Associations Interpersonal Communication Division (2018; 2019)
  - National Communication Association's Health Communication Division (2020)
  - Western States Communication Association's Interpersonal Communication Interest Group (2023)
  - Western States Communication Association's Health Communication Interest Group (2017)
  - International Association for Relationship Research (2015, 2023)

### SERVICE TO PEER-REVIEWED JOURNALS

- Editorial Board Member for *Journal of Social and Personal Relationships* (2020–Present)
- Editorial Board Member for *Communication Research Reports* (2018–Present)
- Ad hoc reviewer for *Human Communication Research* (2023)
- Ad hoc reviewer for *Personality and Individual Differences* (2023)
- Ad hoc reviewer for *Interpersona* (2023)
- Ad hoc reviewer for *Communication Research* (2022)

- Ad hoc reviewer for *Western Journal of Communication* (2021)
- Ad hoc reviewer for *Health Communication* (2019; 2023)
- Ad hoc reviewer for *Communication Monographs* (2019; 2015)
- Ad hoc reviewer for *Journal of Social and Personal Relationships* (2019; 2015)

#### **SERVICE TO LOUISIANA STATE UNIVERSITY**

- Equity and Justice Departmental Committee Member (2022–2023)
- Director of Departmental Colloquies (2022–2023)
- Search Committee for Tenure-Track Performance Studies Assistant Professor (2022–2023)
- Search Committee for Tenure-Track Interpersonal Communication Assistant Professor (2022)
- College of Humanities and Social Sciences Faculty Senate (2021–2023)
- Graduate Admissions Committee, Department of Communication Studies (2021–2023)

#### **SERVICE TO SAN DIEGO STATE UNIVERSITY**

- Cancer Research Group Steering Committee (2019–2021)
- Faculty-in-Residence (2019–2021)
- Chair of the School of Communication Scholarship Selection Committee (2019–2020)
- Member of the College of Professional Studies & Fine Arts Scholarship Selection Committee (2019–2020)
- Course Coordinator - COM 245: Interpersonal Communication (2018–Present)
- College Core Scholarship Committee (2019)
- Faculty Chair of the School of Communication Annual Awards & Alumni Celebration (2019)
- Explore SDSU Information Booth Volunteer (2019)
- Student Success Fee Committee (2018)

#### **SERVICE TO ARIZONA STATE UNIVERSITY**

- Doctoral Program Recruitment Liaison (2014–2016)

#### **SERVICE TO TEXAS STATE UNIVERSITY**

- Basic Course Administrator for COMM 1310: Fundamentals of Human Communication (2013–2014)
- Student Body Vice President (2010–2011)
- Vice Chairperson of the Student Advisory Board to the Texas State University System Board of Regents (2010–2011)

### **SERVICE TO THE PUBLIC**

- b-Present Foundation: Volunteer & Workshop Facilitator (2021–Present)
- Singleton Moms Home Delivery of Groceries and Food to Single Mother with Cancer (2015–2018)

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### **PARTICIPATION IN PROFESSIONAL ORGANIZATIONS**

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- National Communication Association (2012–Present)
- International Association for Relationship Research (2015–Present)
- Western States Communication Association (2015–Present)
- Texas Speech Communication Association (2013–2014)

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### **HONORS & AWARDS**

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#### **LOUISIANA STATE UNIVERSITY**

- Top Paper: Western States Communication Association Interpersonal Division (2022)

#### **SAN DIEGO STATE UNIVERSITY**

- Top Paper: Western States Communication Association Interpersonal Division (2020)

#### **ARIZONA STATE UNIVERSITY**

- Nominated for Outstanding Graduate Student: College of Liberal Arts and Sciences (2018)
- Outstanding Graduate Researcher: Hugh Downs School of Human Communication (Awarded 2017, 2018)
- Continued Excellence in Teaching Award: Graduate and Professional Student Association (2017)
- Knowledge Mobilization Impact Award for Research (\$500): The ASU Graduate College (2017)
- Teaching Excellence Award: Graduate and Professional Student Association (2017)
- Outstanding Mentor Award: Graduate and Professional Student Association (2016)

#### **TEXAS STATE UNIVERSITY**

- Department of Communication Studies Outstanding Graduate Student (2014)
- Texas State University Man of the Year (2011)
- School of Journalism and Mass Communication Ralph J. Harrell Outstanding Senior (2011)
- Finalist, Lyndon B. Johnson Outstanding Senior (University-wide award; 2011)